

HELLBENT BARBELL HOLY WARS

December 9, 2023

Bridgeport, CT

Name	Equipment	Division	BodyweightLb	WeightClassLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER								
Heather Lynn	Equipped_pro	Open	207.1	220	600	275	455	1330
Denise Laconte	Equipped_pro	Open	163.8	165	640	365	500	1505
Michelle Gironda	Equipped_pro	Open	208.8	220	605	315	400	1320
MEN'S DIVISIONS - FULL POWER								
Connor Boyle	Equipped_pro	Open	198.1	198	855	385	775	2015
Chris Della Fave	Equipped_pro	Open	268.4	275	1080	715	850	2645
Bob Merkh	Equipped_pro	Open	272.2	275	1005	800	600	2405
Kirby Goodrich	Equipped_pro	Open	265	275	1110	535	755	2400
Tyler Reese	Equipped_pro	Open	274.2	275	1005	550	650	2205
Andrew Pfefferle	Equipped_pro	Open	295.2	308	1130	755	615	2500
John Ruoppo	Equipped_pro	Open	306.1	308	1125	600	775	2500
Rob Weber	Equipped_pro	Open	238.6	242	1030	500	670	2200

INDICATES AN IPA WORLD RECORD