

IPA PUSH/PULL WORLDS

December 9, 2023

Houston, Texas

Name	Equipment	Division/Subdivision	BodyweightLb	WeightClassLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - PUSH/PULL								
Makenzee Sage' Calfee	EQUIPPED_AMATEUR	Women's Equipped Amateur Teenage (18-19) Push/Pull	40.8	97		40	91	
Cara Fong	EQUIPPED_AMATEUR	Women's Equipped Amateur Master (50-54) Push/Pull	55	123		159.8	102.5	
Melissa Barajas	RAW_AMATEUR	Women's Raw Amateur Sub-Master (35-39) Push/Pull	57.4	132		45	102.5	
Diana Santiesteban	RAW_AMATEUR	Women's Raw Amateur Master (40-44) Push/Pull	62.8	148		45	117.5	
Martha Rosales	RAW_AMATEUR	Women's Raw Amateur Open Push/Pull	61.15	148		35	75	
Zoey Spates	EQUIPPED_AMATEUR	Women's Equipped Amateur Teenage (16-17) Push/Pull	76.35	181		143.3	242.6	
Kaylynn Binford	EQUIPPED_PRO	Women's Equipped Pro Open Push/Pull	101	242		137.5	185	
Brittany Lester	RAW_AMATEUR	Women's Raw Amateur Open Push/Pull	105.45	242		67.5	150	
Ashton Keller	EQUIPPED_AMATEUR	Women's Equipped Amateur Teenage (16-17) Push/Pull	138.8	308		253.6	330.8	
WOMEN'S DIVISIONS - BENCH ONLY								
Makenzee Sage' Calfee	EQUIPPED_AMATEUR	Women's Equipped Amateur Teenage (18-19) Bench Only	40.8	97		88.2		
April Hamon	EQUIPPED_AMATEUR	Women's Equipped Amateur Master (40-44) Bench Only	55.8	123		209.5		
WOMEN'S DIVISIONS - DEADLIFT ONLY								
Makenzee Sage' Calfee	EQUIPPED_AMATEUR	Women's Equipped Amateur Teenage (18-19) Deadlift Only	40.8	97			200.6	
MEN'S DIVISIONS - PUSH/PULL								
Noah Cardenas	RAW_AMATEUR	Men's Raw Amateur Teenage (up to 13) Push/Pull	59.45	132		70	275.6	
Brady Burson	EQUIPPED_AMATEUR	Men's Equipped Amateur Teenage (16-17) Push/Pull	61.27	148		102.5	162.5	
Austin Woyt	RAW_AMATEUR	Men's Raw Amateur Open Push/Pull	87.4	198		142.5	197.5	
Richard James III	RAW_PRO	Men's Raw Pro Master (50-54) Push/Pull	83.35	198		160.5	265	
Lars Allison	EQUIPPED_PRO	Men's Equipped Pro Open Push/Pull	97.55	220		252.5		
Joshua Marks	RAW_PRO	Men's Raw Pro Master (45-49) Push/Pull	106	242		150	232.5	
Matt Reynolds	EQUIPPED_PRO	Men's Equipped Pro Master (55-59) Push/Pull	120.65	275			212.5	
Luis Saucedo	RAW_AMATEUR	Men's Raw Amateur Teenage (16-17) Push/Pull	119.45	275		115	165	
Phil Deaton	RAW_PRO	Men's Raw Pro Master (55-59) Push/Pull	138.05	308		170	463.1	
MEN'S DIVISIONS - BENCH ONLY								
John DeBose Jr	EQUIPPED_AMATEUR	Men's Equipped Amateur Master (60-64) Bench Only	79.85	181		347.3		
David Smith	RAW_AMATEUR	Men's Raw Amateur Master (50-54) Bench Only	80	181		352.8		
John Solleder	EQUIPPED_AMATEUR	Men's Equipped Amateur Master (60-64) Bench Only	124.95	275		150		
Daniel Woyt	RAW_AMATEUR	Men's Raw Amateur Master (55-59) Bench Only	122.3	275		165		
CHRISTOPHER KNAUER	RAW_PRO	Men's Raw Pro Master (50-54) Bench Only	124.85	275		479.5		
CHRISTOPHER KNAUER	RAW_PRO	Men's Raw Pro Open Bench Only	124.85	275		217.5		
Phil Deaton	RAW_PRO	Men's Raw Pro Master (55-59) Bench Only	138.05	308		170		
MEN'S DIVISIONS - DEADLIFT ONLY								
Daniel Woyt	RAW_AMATEUR	Men's Raw Amateur Master (55-59) Deadlift Only	122.3	275			182.5	
Phillip Dean	RAW_AMATEUR	Men's Raw Amateur Open Deadlift Only	112.4	275			275	

INDICATES IPA WORLD RECORD (LBS.)