

IPA FIRST ANNUAL EVOLVE WINTER SHOWDOWN

December 3, 2023

Worcester, MA

Name	Equipment	Division/Subdivision	WeightClassLb	BodyweightLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - PUSH/PULL								
Ava Pederson	Raw Amateur	Women's Raw Amateur Teenage (16-17) Push/Pull	123	119.38		99.2	248	
Elizabeth Houston	Raw Amateur	Women's Raw Amateur Open Push/Pull	148	146.19		110.2	226	
Olivia McSharry	Raw Amateur	Women's Raw Amateur Teenage (18-19) Push/Pull	198	195.99		170.9	451.9	
MEN'S DIVISIONS - PUSH/PULL								
Dexter Bidot	Pro Equipped	Men's Equipped Pro Open Push/Pull	181	177.03		600.8	633.8	
Alexander Glover	Raw Amateur	Men's Raw Amateur Open Push/Pull	198	195.59		380.3	633.8	
Loukas Glover	Raw Amateur	Men's Raw Amateur Open Push/Pull	198	191.78		281.1	402.3	
Jacob Mainville	Raw Amateur	Men's Raw Amateur Junior (20-23) Push/Pull	220	202.16		270.1	165.3	
Rob Fusco	Raw Amateur	Men's Raw Amateur Master (45-49) Push/Pull	220	200.6		237	402.3	
Ronald Leger	Raw Amateur	Men's Raw Amateur Master (50-54) Push/Pull	242	231		154.3	231.5	
Jack O'Neill	Amateur Equipped	Men's Equipped Amateur Teenage (16-17) Push/Pull	SHW	335.69		358.2	418.9	
MEN'S DIVISIONS - BENCH ONLY								
Michael B Darcy	Raw Amateur	Men's Raw Amateur Master (55-59) Bench Only	242	238.98		325.2	0	
MEN'S DIVISIONS - DEADLIFT ONLY								
Brady Martin	Amateur Equipped	Men's Equipped Amateur Open Deadlift Only	165	156.88		0	573.2	
Brian McKeon	Amateur Equipped	Men's Equipped Amateur Open Deadlift Only	242	241.78		0	474	
INDICATES IPA WORLD RECORD								