

2023 IPA NATIONALS/PENNSYLVANIA STATE POWERLIFTING CHAMPIONSHIPS

NOVEMBER 18-19, 2023

YORK BARBELL COMPANY

YORK, PENNSYLVANIA

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	4TH SQUAT	BENCH	4TH BENCH	DEAD	4TH DEAD	TOTAL	RECORD TOTAL	BWT
WOMEN'S DIVISIONS- FULL POWER/AMATEUR RAW												
AM Raw	Teen (16-17)	114	NORA FIELDS	230		120		255	270	605	620	112.4
AM Raw	Teen (16-17)	114	GIANNA APOSTOLAKOS	165		110		270		545	545	112.95
AM Raw	Teen(18-19)	148	AMALIA ARMSTRONG	250		120		265	275	635	645	141.2
AM Raw	Teen(18-19)	165	EMILY KURTH	225		125		345		695	695	160.85
AM Raw	SubMaster(33-39)	198	GABRIELLE BENNER	345		185		350		880	880	195
AM Raw	Master(55-59)	148	SUSANNE FUHRMAN	200		102.5	105	250		552.5	555	148.7
AM Raw	Master(55-59)	148	LORI SNOOK	175		90		275		540	540	145.6
AM Raw	Master(60-64)	148	LYNN KREIDER	150		110		225		485	485	137.5
AM Equip	Teen (13-15)	114	CAYLEE NAVAS	220	252.5	147.5		242.5	255	610	655	111.7
WOMEN'S DIVISIONS - FULL POWER/PRO RAW												
PRO Raw	Junior(20-23)	148	TORI SUHY	340		205		365		910	910	147.9
PRO Raw	Open	148	LEIA RIVERA	310		190		357.5		857.5	857.5	146.4
PRO Raw	Open	220	KARRIE MACKNAIR	440		290		500		1230	1230	209.2
PRO Raw	06-SubMaster(33-39)	220	KARRIE MACKNAIR	440		290		500		1230	1230	209.2
WOMEN'S DIVISIONS - FULL POWER/PRO EQUIPPED												
PRO Equip	Open	132	MAURA ALESSI	465		145		350		960	960	131
PRO Equip	Master(55-59)	148	DENISE MARAIS	385		340		335		1060	1060	143
WOMEN'S DIVISION - BENCH ONLY												
AM Equip	Master(45-49)	123	LORI TUROFSKI			311.1	315			311.1	315	121.05
MEN'S DIVISIONS - FULL POWER/AMATEUR RAW												
AM Raw	Teen (14-15)	105	ISIAH KYLE	175	210	90		220		485	520	104.15
AM Raw	Teen (14-15)	148	LANDON MARSH	225		235		275		735	735	142.1
AM Raw	Teen (16-17)	165	LUKE DUMM	405		265		415		1085	1085	159.9
AM Raw	Teen (16-17)	181	ALEX DUBBS	345		205		340		890	890	173.45

2023 IPA NATIONALS/PENNSYLVANIA STATE POWERLIFTING CHAMPIONSHIPS

NOVEMBER 18-19, 2023

YORK BARBELL COMPANY

YORK, PENNSYLVANIA

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	4TH SQUAT	BENCH	4TH BENCH	DEAD	4TH DEAD	TOTAL	RECORD TOTAL	BWT
MEN'S DIVISIONS - FULL POWER/AMATEUR RAW CONTINUED												
AM Raw	Teen (16-17)	198	NASEAN GREEN	370	400	285		465		1120	1150	190.95
AM Raw	Teen(18-19)	148	NATE FLECK	375	415	225	235	415		1015	1065	146.6
AM Raw	Junior(20-23)	198	DYLAN BEREZIN	570		295		515		1380	1380	193.4
AM Raw	Junior(20-23)	198	TIM SHAWLEY	470		275		510		1255	1255	189.45
AM Raw	Junior(20-23)	198	SEAN MCCORMICK	380		215		455		1050	1050	195.3
AM Raw	Junior(20-23)	275	BRYCE MILLER	585		405	425	585		1575	1595	269.45
AM Raw	Open	132	CHRISTOPHER SPAULDING	230		165		255		650	650	129
AM Raw	Open	148	COREY MCLAUGHLIN	325		305		400		1030	1030	145.1
AM Raw	Open	165	GREG FUHRMAN	370		225		420		1015	1015	162.3
AM Raw	Open	198	ROBERT STRUBLE	405		290		440		1135	1135	194.1
AM Raw	Open	220	JACOB SMITH	615		410		610		1635	1635	216.1
AM Raw	Open	220	MATTHEW LEISE	515		410		515		1440	1440	216.4
AM Raw	Open	220	NICHOLAS MACCIOCCA	440		310		550		1300	1300	218.95
AM Raw	Open	220	NICOLAS CICERO	405		325		500		1230	1230	210.5
AM Raw	SubMaster(33-39)	198	WILLIAM IRWIN	605		355		630		1590	1590	193.9
AM Raw	SubMaster(33-39)	275	SHAWN TOM	525		350		560		1435	1435	256
AM Raw	SubMaster(33-39)	275	TRAVIS ANLAUF	500		325		500		1325	1325	258.7
AM Raw	Master(55-59)	181	MARK COPPOLO	420		285		425		1130	1130	177.45
AM Raw	Master(65-69)	198	DAVID ELLIS	170		180		240		590	590	195
AM Raw	Master (40-44)	242	SCOTT BROWN	495		350		530		1375	1375	237.35
AM Raw	Master(60-64)	220	BILL MUSE	300		175		340		815	815	216.4
AM Raw	Master(60-64)	275	FLOYD NESBIT	370		315		450		1135	1135	250.25
AM Raw	Master(80+)	148	JAN DITZIAN	185		135		250		570	570	139.75

2023 IPA NATIONALS/PENNSYLVANIA STATE POWERLIFTING CHAMPIONSHIPS

NOVEMBER 18-19, 2023

YORK BARBELL COMPANY

YORK, PENNSYLVANIA

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	4TH SQUAT	BENCH	4TH BENCH	DEAD	4TH DEAD	TOTAL	RECORD TOTAL	BWT
MEN'S DIVISIONS - FULL POWER/AM EQUIPPED												
AM Equip	Teen (13-15)	123	BOBBY GREEN	260		200		315		775	775	120.3
AM Equip	Teen(16-17)	132	KADE KULPINSKI	365		270		435		1070	1070	131.3
AM Equip	Teen(16-17)	148	THOMAS WEIGLE	410		327.5		472.5		1210	1210	145.3
AM Equip	Teen(16-17)	220	NOAH HIMES	520		420		460		1400	1400	219.4
AM Equip	Teen(18-19)	165	CONNOR JONES	700		335		575		1610	1610	161.1
AM Equip	Open	198	NICHOLAS LOAN	685		575		465		1725	1725	183.1
AM Equip	Open	220	THOMAS THIBAUT	815		520		635		1970	1970	217.5
AM Equip	Open	220	GARRETT CROPP	575		315		435		1325	1325	203.95
AM Equip	Open	SHW	RYAN BRICKER	805		715		545		2065	2065	324.6
AM Equip	Master(55-59)	220	TOM CILLO	315		225		540		1080	1080	217.85
AM Equip	Master(80+)	165	GEORGE CHRISTMAN	310		200		350		860	860	159.05
MEN'S DIVISIONS - FULL POWER/PRO RAW												
PRO Raw	Open	242	DAVID WAHL	550		390		550	575	1480	1515	235.5
PRO Raw	Open	275	ADAM SOLEY	670		390		650		1710	1710	256.3
PRO Raw	SubMaster(33-39)	242	DAVID WAHL	550		390		550	575	1480	1515	235.5
PRO Raw	Master (40-44)	181	ROBERT BREWER	475		295		532.5		1302.5	1302.5	179.95
PRO Raw	Master(60-64)	275	PAUL DILIBERTO	570		420		540		1530	1530	250.75
MEN'S DIVISIONS - FULL POWER/PRO EQUIPPED												
PRO Equip	Open	275	DERRICK BENDER	950		925		750		2625	2625	260.5
PRO Equip	Open	275	PHILLIP HERNDON	1020	1070	760		800		2580	2630	266.95
PRO Equip	Open	275	JULIAN ALESSI	835		565		615		2015	2015	263.5
PRO Equip	SubMaster(33-39)	275	DERRICK BENDER	950		925		750		2625	2625	260.5

2023 IPA NATIONALS/PENNSYLVANIA STATE POWERLIFTING CHAMPIONSHIPS

NOVEMBER 18-19, 2023

YORK BARBELL COMPANY

YORK, PENNSYLVANIA

DIVISION	SUBDIVISION	WT CLASS	NAME	SQUAT	4TH SQUAT	BENCH	4TH BENCH	DEAD	4TH DEAD	TOTAL	RECORD TOTAL	BWT
MEN'S DIVISIONS - BENCH ONLY/AMATEUR RAW												
AM Raw	SubMaster(33-39)	181	SCOTT EVERHART			335				335	335	179.4
AM Raw	Master (40-44)	275	CHRISTOPHER MOORE			325				325	325	264.2
AM Raw	Master(50-54)	220	TRENT STRONG			365				365	365	233.4
AM Raw	Master(60-64)	275	KNIGHT SMITH			400	405			400	405	250.9
AM Raw	Master(65-69)	181	BOB ABEL			245				245	245	172.5
AM Raw	Master(65-69)	275	COREY STEIN			285				285	285	265.9
MEN'S DIVISIONS - BENCH ONLY/AMATEUR EQUIPPED												
AM Equip	Master (40-44)	220	ANDREW JONES			400	425			400	425	206.5
AM Equip	Master (40-44)	242	SHERWOOD TAYLOR			450	460			450	460	227.5
AM Equip	Master(65-69)	242	MIKE CANTRELL			500	530			500	530	239.35
MEN'S DIVISIONS- BENCH ONLY/PRO RAW												
PRO Raw	Master (40-44)	220	JEREMY ELSTON			405				405	405	217.95
PRO Raw	Master (40-44)	275	ERIC BERUCK			425				425	425	263.1
PRO Raw	Police	220	JEREMY ELSTON			405				405	405	217.95
MEN'S DIVISIONS - BENCH ONLY/PRO EQUIPPED												
PRO Equip	Master (40-44)	242	KYLE JASON			525				525	525	241.2
PRO Equip	Master(60-64)	242	RANDY ROBINSON			650	700			650	700	237.1
MEN'S DIVISIONS - BENCH ONLY/POLICE												
PRO Equip	Police	242	KYLE JASON			525				525	525	241.2
MEN'S DIVISIONS - PUSH-PULL												
AM Equip	Junior(20-23)	165	DALE RHOADS, II			350		375		725	725	160.4
INDICATES IPA WORLD RECORD												
INDICATES IPA PA STATE RECORD												
INDICATES BOTH IPA WORLD & PA STATE RECORD												