

2023 IPA CONNECTICUT STATE OPEN POWERLIFTING CHAMPIONSHIPS

October 28, 2023

New Haven, Connecticut

Name	Equipment/Division/Subdivision/Class	BodyweightLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER						
Christel Campanella	Session 1:Female:01-Full Power:01-AM Raw:06-SubMaster(33-39):114	113	185	105	265	555
Jennifer Champagne	Session 1:Female:01-Full Power:05-Pro Raw:10-Master(55-59):114	113.75	200	115	270	585
Katie Miller	Session 1:Female:01-Full Power:01-AM Raw:08-Master(45-49):132	130	175	115	230	520
Ariel DeGiuseppe	Session 1:Female:01-Full Power:01-AM Raw:05-Open:148	143	235	150	250	635
Melissa Leone	Session 1:Female:01-Full Power:05-Pro Raw:07-Master(40-44):148	147	255	130	370	755
Sherrie Forgione	Session 1:Female:01-Full Power:01-AM Raw:05-Open:148	144	160	110	235	505
Heather Howell	Session 1:Female:01-Full Power:01-AM Raw:09-Master(50-54):148	136	160	100	250	510
Mary Duffy	Session 1:Female:01-Full Power:01-AM Raw:13-Master(70-74):114	113	155	115	230	500
WOMEN'S DIVISIONS - PUSH/PULL						
Julia Orsini	Session 1:Female:03-Push Pull:01-AM Raw:11-Master(60-64):242	240	0	85	215	300
MEN'S DIVISIONS - FULL POWER						
Ryan Tessier	Session 1:Male:01-Full Power:01-AM Raw:06-SubMaster(33-39):220	212	355	270	450	1075
William Bergeron	Session 1:Male:01-Full Power:01-AM Raw:12-Master(65-69):242	237	235	135	275	645
INDICATES IPA WORLD RECORD						
INDICATES IPA CT STATE RECORD						
INDICATES BOTH IPA WORLD & CT STATE RECORD						