

A NIGHTMARE ON COMMONWEALTH AVENUE

October 7, 2023

Bristol, Virginia

Name	Equipment	Division	BodyweightLb	WeightClassLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER								
Mandy Higdon	Raw_with_wraps_amateur	Women's Raw with wraps Amateur Master (40-44)	130.2	132	275.6	159.8	308.6	744.1
Jonah Juarez	Raw_with_wraps_amateur	Women's Raw with wraps Amateur Open	219.6	220	330.7	159.8	325.2	815.7
Samantha Silverstein	Raw_with_wraps_amateur	Women's Raw with wraps Amateur Open	203.3	220	264.6	132.3	292.1	688.9
Emily Wilson	Raw_with_wraps_amateur	Women's Raw with wraps Amateur Open	223.3	242	297.6	154.3	352.7	804.7
MEN'S DIVISIONS - FULL POWER								
Micah Mattozzi	Equipped_amateur	Men's Equipped Amateur Open	240.4	242	843.3	474	584.2	1901.5
Caleb Roberts	Equipped_amateur	Men's Equipped Amateur Teenage (16-17)	291.9	308	369.3	352.7	418.9	1140.9
Danny Akers	Equipped_pro	Men's Equipped Pro Master (55-59)	194.4	198	529.1	425.5	529.1	1483.7
Russell Burns	Equipped_pro	Men's Equipped Pro Master (40-44)	208.3	220	501.6	0	0	0
Chris French	Equipped_pro	Men's Equipped Pro Master (65-69)	220.5	220	700	137.8	479.5	1317.3
Rodney Woodward	Equipped_pro	Men's Equipped Pro Open	359	SHW	1140.9	953.5	705.5	2799.9
David Kemp	Multiply_pro	Men's Multiply Pro Open	241.3	242	1025.1	677.9	705.5	2408.5
Justin Wood	Multiply_pro	Men's Multiply Pro Open	278.9	308	925.9	0	0	0
Noah Owens	Raw_amateur	Men's Raw Amateur Open	163.6	165	429.9	292.1	584.2	1306.2
Dennis Arnold	Raw_amateur	Men's Raw Amateur Open	217.4	220	529.1	451.9	584.2	1565.3
Logan Ewing	Raw_amateur	Men's Raw Amateur Open	215.2	220	540.1	0	705.5	0
Jonathan Brown	Raw_pro	Men's Raw Pro Open	242.1	242	501.6	330.7	518.1	1350.3
DJ Stewart	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	195.1	198	600.8	363.8	540.1	1504.7
Darien Brown	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	196.3	198	363.8	259	429.9	1052.7
David Fields	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	185.4	198	303.1	0	0	0
Joshua Reaves	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Junior (20-23)	220.4	220	440.9	231.5	518.1	1190.5
Anthony Chandler	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	234.8	242	518.1	413.4	677.9	1609.4
Michael Silverstein	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	226.6	242	518.1	330.7	567.7	1416.5
Connor Lester-Williams	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Teenage (18-19)	228.2	242	369.3	314.2	435.4	1118.8
Hunter Norris	Raw_with_wraps_amateur	Men's Raw with wraps Pro Open	235.8	242	424.4	352.7	551.2	1328.3
Austin Copley	Raw_with_wraps_amateur	Men's Raw with wraps Amateur Open	261.5	275	540.1	336.2	573.2	1449.5
Elijah Noe	Raw_with_wraps_pro	Men's Raw with wraps Pro Teenage (18-19)	227.1	242	523.6	303.1	512.6	1339.3
Ben Jones	Raw_with_wraps_pro	Men's Raw with wraps Pro Open	306.6	308	650.4	424.4	650.4	1725.1
MEN'S DIVISIONS - SQUAT ONLY								
Logan Ewing	Raw_amateur	Men's Raw Amateur Open Squat Only	215.2	220	540.1	0	0	540.1
MEN'S DIVISIONS - BENCH ONLY								
Caleb Roberts	Equipped_amateur	Men's Equipped Amateur Teenage (16-17) Bench Only	291.9	308	0	352.7	0	352.7
Toby Hurley	Equipped_pro	Men's Equipped Pro Open Bench Only	254.3	275	0	562.2	0	562.2
Dan Oldham	Equipped_pro	Men's Equipped Pro Open Bench Only	307.8	308	0	870.8	0	870.8
Dan Oldham	Equipped_pro	Men's Equipped Pro Sub-Master (35-39) Bench Only	307.8	308	0	870.8	0	870.8
Dustin Minks	Equipped_pro	Men's Equipped Pro Master (40-44) Bench Only	328	SHW	0	606.3	0	606.3
MEN'S DIVISIONS - DEADLIFT ONLY								
Logan Ewing	Raw_amateur	Men's Raw Amateur Open Deadlift Only	215.2	220	0	0	705.5	705.5

INDICATES AN IPA WORLD RECORD