

IPA STRENGTH OF HEROES - AMATEUR

September 9, 2023

Bohemia, New York

Name	Equipment	Division	BodyweightLb	WeightClassLb	Best3SquatLb	Best3BenchLb	Best3DeadliftLb	TotalLb
WOMEN'S DIVISIONS - FULL POWER								
Bonnie Jenkins	Raw_amateur	M40-44	218.5	220	135	90	200	425
Bonnie Jenkins	Raw_amateur	Open	218.5	220	135	90	200	425
Cayleigh Scia	Equipped_amateur	Open	190.5	198	465	255	355	1075
Jaime Welcher	Raw_amateur	Open	170.5	181	220	145	290	655
Laura Galati	Raw_amateur	M40-44	205	220	230	155	275	660
Nichole Brown	Raw_amateur	M45-49	189.5	198	290	145	270	705
Nichole Brown	Raw_amateur	Open	189.5	198	290	145	270	705
Nicole Weigel	Equipped_amateur	M40-44	158	165	415	285	275	975
Nicole Weigel	Equipped_amateur	Open	158	165	415	285	275	975
WOMEN'S DIVISIONS - BENCH ONLY								
Jessica Goldstein	Equipped_amateur	Open	97	97		200		200
Jessica Goldstein	Equipped_amateur	S33-39	97	97		200		200
Priyanka Santiago	Raw_amateur	Open	190	198		235		235
MEN'S DIVISIONS - FULL POWER								
Antonio Lagana	Raw_amateur	J20-23	243.5	260	475	355	485	1315
Ben Fonzo	Equipped_amateur	T18-19	217.5	220	620	470	510	1600
Camren Smith	Raw_amateur	J20-23	242	242	625	360	590	1575
Camren Smith	Raw_amateur	Open	242	242	625	360	590	1575
Fabian Ramirez	Raw_amateur	J20-23	218.5	220	410	250	405	1065
Jack DeMinno	Raw_amateur	Open	190	198	445	320	615	1380
Jeffrey Roque	Raw_amateur	J20-23	190.5	198	525	300	475	1300
Joe Lamberson	Raw_amateur	M40-44	205.5	220	450	350	470	1270
Joey Lamberson	Raw_amateur	T18-19	132	132	260	170	300	730
Joseph Bassani	Raw_amateur	Open	209.5	220	490	270	570	1330
Raffaele Longo	Raw_amateur	Open	225.5	242	450	330	510	1290
Thomas Ryan Barkman	Raw_amateur	M55-59	229.5	242	425	415	380	1220
MEN'S DIVISIONS - BENCH ONLY								
Robert Mennella Jr.	Raw_amateur	M40-44	215.5	220		385		385
MEN'S DIVISIONS - DEADLIFT ONLY								
Arthur Miller	Raw_amateur	M75-79	190	198			340	340

INDICATES AN IPA WORLD RECORD