



DAVID KEMP

North Carolina State Chairman

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Born and raised in North Carolina, David Kemp began strength training in 2005. He joined the military as an Airborne Infantryman in 2010 having served a combat tour in Afghanistan. During his military career, he began his powerlifting journey. After separating from active duty in 2016, he transferred to the National Guard as a Combat Medic where he continues to serve. He currently works in the commercial steel construction industry as the Senior Project Estimator and Production manager for Division5Metals.

David and his wife, Alicia, are passionate about investing in their local community where they are raising three daughters. They own and operate Winners Gym in Burlington, NC. He lifted an elite raw total before committing fully to multiply powerlifting and posted a 2402 multiply total in 2022.

David looks forward to serving the IPA by representing North Carolina with a passion to bring more equipped friendly and quality powerlifting opportunities to the state.