



## **Andy Polk**

*Florida State Chairman*

Andy has been a competitive powerlifter since 2011. He posted an Elite Raw Total prior to transitioning to Multi-Ply/Unlimited, where he has several Elite Totals.

He holds a Master's Degree in Sport Management from Webber International University, and is currently employed as a professor of business and college baseball coach. He also coaches his team of lifters out of his gym, Go Hard Barbell and Iron Havoc, in Sebring.

Andy is looks forward to providing another quality, fun, and fair option for lifters in Florida, and trying to provide an option for Unlimited.

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