



Mary Askew

Oregon State Chairman

skiermary69@hotmail.com

Federation chairs for UPA, APF

Been competing since 1998, putting meets on since 2017

Italian restaurant owner

Avid powerlifter and horse rider

Mother to a wonderful 8-year-old girl

Born and raised in Oregon

Current bench coach is Jimmy Kolb

Goal in powerlifting is to give back as much as I can to promote the sport in a positive way.