



## **Sherry Shellenberger**

*Arizona State Chairman*

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Sherry Shellenberger is a 53-year-old mom of four and grandma of four. Sherry has been a part of some sort of sport or fitness her whole life, starting out as a body builder after having her daughter at age 36 but never competing. She saw her first powerlifting meet at the age of 50 and was hooked. In 2019, Sherry started seriously training and did her first meet later that year. Sherry holds world records in two weight classes in the master's women's division. Sherry brings a love and passion for this sport and wants to help more women become involved and lift heavy weights. Sherry was previously a member of Tiny Meeker's team and is now a member of team Mass=Power. "I am a believer in GOD and I aspire to inspire in all I do!"