



Chris Della Fave

New Jersey State Chairman

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Chris is an “All-Time” record holder in the 242 lbs. weight class in both the single ply and multi ply divisions where he totaled 2550 and 2735 respectively. In the 275 weight class he has achieved the 3rd highest multiply total at 2777 and the 3rd highest unlimited total at 2865.

Chris is a tenured high school teacher by profession, and he also is the owner of Bergen County Barbell, BCB Training Systems, Wicked Wolf Beard Co., CMDF Investment Group and CnE Consulting.

Chris can be contacted at BergenCountyBB@gmail.com.