



## **LEAH REICHMAN**

*Ohio State Chairman*

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As a competitive powerlifter since 2016, Leah swiftly made her way to the top of the rankings. A multiple "All Time World Record" holding powerlifter, she currently holds the biggest squat of "All Time" by a female at 925 lbs and is the first woman to squat 900 lbs in competition. Leah has the "All Time" highest total at 2,000 lbs. She is coached by the legendary powerlifter Laura Phelps Stackhouse.

Leah is also one of the co-founders of the Main Event Project, which is a nonprofit organization geared towards empowerment, education and equality in strength sports. The Main Event Project has been successful in expanding women's weight classes across all federations as well as meet and athlete sponsorships through fundraising.

Leah graduated with a B.S. in Exercise Physiology from the University of Cincinnati as well as ASN from the Good Samaritan College of Nursing.