



**2021 IPA CONNECTICUT IRONMAN  
PUSH/PULL SHOWDOWN  
November 6, 2021  
Powerhouse Gym  
New Haven, CT**

DIVISION	SUBDIVISION	WT CLASS NAME	BENCH	DEAD	TOTAL	4TH DEAD	4TH TOTAL	BWT
<b>MEN'S DIVISIONS - PUSH/PULL</b>								
AM RAW	Teen (13-15)	123	Matteo Raccio	110	230	340	0	340 123
AM RAW	Teen (13-15)	220	Noah Himes	180	350	530	0	530 220.25
AM RAW	Master(60-64)	165	Tony Luciano	130	245	375	0	375 151
AM RAW	Police	220	Mike Frizinia	275	500	775	0	775 201
PRO EQUIP	Open	242	Logan Shady	225	600	825	0	825 223
<b>MEN'S DIVISIONS - BENCH ONLY</b>								
AM RAW	Teen (13-15)	220	Noah Himes	0	350	350	0	350 220.25
AM RAW	Open	308	Anthony Roberts	435	0	435	0	435 302
PRO EQUIP	Open	242	Rob Forell	860	0	860	0	860 223
PRO EQUIP	Master(40-44)	242	Rob Forell	860	0	860	0	860 223
<b>INDICATES AN IPA WORLD RECORD</b>								