

2019 IPA NATIONAL POWERLIFTING BENCH PRESS CHAMPIONSHIPS

DAY 1

NOVEMBER 23, 2019

YORK BARBELL COMPANY - YORK, PENNSYLVANIA

DIVISION	SUBDIVISION	WT CLASS	NAME	4th SQUAT	4th SQUAT	4th BENCH	4th BENCH	4th DEAD	4th DEAD	TOTAL	4th TOTAL
WOMEN'S DIVISIONS - AM RAW FULL POWER											
01-AM Raw	02-Teen(16-17)	114	RACHEL ACKERMAN	230		150		285		665	
01-AM Raw	05-Open	114	NATANYA GORNSTEIN	125		75		220		420	
01-AM Raw	05-Open	148	SYDNEY GRAHAM	360		135		300		795	
01-AM Raw	05-Open	181	BROOKE GRIFFITH	185		160		250		595	
01-AM Raw	05-Open	SHW	MIA CASOLI	275		150		340		765	
01-AM Raw	06-SubMaster(33-39)	148	SALLY ANDERSEN	290		200		370		860	
01-AM Raw	07-Master(40-44)	148	AMY KRATZER	140		150		275		565	
01-AM Raw	08-Master(45-49)	132	TRINH INZERILLO	230		125		230		585	
01-AM Raw	08-Master(45-49)	165	SELA SANCHEZ	225		140		330		695	
01-AM Raw	10-Master(55-59)	165	DONNA OPUSZYNSKI	210		110	122.5	265		585	597.5
01-AM Raw	13-Master(70-74)	123	CARLA COHEN	75		70		170		315	
WOMEN'S DIVISIONS - PRO RAW FULL POWER											
05-Pro Raw	05-Open	123	ASHLEY FULTON	290		170		340		800	
05-Pro Raw	05-Open	132	LINDSEY POGSON	280		175		325		780	
05-Pro Raw	05-Open	132	PAMELA SIKES	230		110		250		590	
05-Pro Raw	07-Master(40-44)	SHW	ROCHELLE DUBBS	422.5		285		365		1072.5	
WOMEN'S DIVISIONS - BENCH ONLY											
01-AM Raw	12-Master(65-69)	114	CHERYL KEELING	0		95	100	0		95	100
05-Pro Raw	05-Open	SHW	CASSIDY COMLY	0		300	305	0		300	305
05-Pro Raw	11-Master(60-64)	148	ABRA SMITH	0		105		0		105	
WOMEN'S DIVISION - IRONMAN											
02-AM Equip	05-Open	198	STACEE MAUSHART	0		240		315		555	
WOMEN'S DIVISION - SQUAT/DEADLIFT											
05-Pro Raw	05-Open	123	BLAKE TOBIN	415		230		0		645	

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				SQUAT	SQUAT	BENCH	BENCH	DEAD	DEAD	TOTAL	TOTAL
MEN'S DIVISIONS - AM RAW FULL POWER											
01-AM Raw	01-Teen (13-15)	148	ANDREW SHEAFFER	250		165		315	325	730	740
01-AM Raw	01-Teen (13-15)	148	REECE MEIER	195		165		260		620	
01-AM Raw	01-Teen (13-15)	165	NOAH HIMES	225		100		245	275	570	600
01-AM Raw	01-Teen (13-15)	181	NICHOLAS SWEIKERT	360		205		415		980	
01-AM Raw	01-Teen (13-15)	181	TANNER BLUM	130	140	120	125	225	230	475	495
01-AM Raw	02-Teen(16-17)	181	TYLER BENNER	325		250		445		1020	
01-AM Raw	02-Teen(16-17)	220	MAXWELL FOSTER	365		250		465		1080	
01-AM Raw	04-Junior(20-23)	165	JOSEPH MAIER	350		205		405		960	
01-AM Raw	04-Junior(20-23)	198	SELVIN CASTRO	500		305		520		1325	
01-AM Raw	04-Junior(20-23)	198	TYLER MATHIAS	505		245		515		1265	
01-AM Raw	05-Open	165	LAUREN COHEN	585		360		475		1420	
01-AM Raw	05-Open	165	DOUG KLINE	350		250		435		1035	
01-AM Raw	05-Open	181	RAMON CHAVEZ	500		300		540		1340	
01-AM Raw	05-Open	181	CHARLES CONCEPCION	450		360		500		1310	
01-AM Raw	05-Open	181	JACOB SHAWLEY	455		250		500		1205	
01-AM Raw	05-Open	181	ANTHONY NEWTON	440		275		465		1180	
01-AM Raw	05-Open	198	DEMETRE FORNEY	635		385		700		1720	
01-AM Raw	05-Open	198	TOM BASINGER	550		285		520		1355	
01-AM Raw	05-Open	198	STEPHEN TORRES	405		270		500		1175	
01-AM Raw	05-Open	242	STEPHEN KELHOWER	550		345		505		1400	
01-AM Raw	07-Master(40-44)	181	SEAN KELLY	505		315		580		1400	
01-AM Raw	09-Master(50-54)	198	DAVE BALLY	305		230		410		945	
01-AM Raw	12-Master(65-69)	165	DOUG KLINE	350		250		435		1035	
01-AM Raw	13-Master(70-74)	148	ROBERT COHEN	225		155		320		700	

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				SQUAT	SQUAT	BENCH	BENCH	DEAD	DEAD	TOTAL	TOTAL
MEN'S DIVISIONS - AM EQUIPPED FULL POWER											
02-AM Equip	05-Open	165	THERON BOWLING	425		300		500		1225	
02-AM Equip	10-Master(55-59)	165	DOUG SCHADER	380		240		350		970	
02-AM Equip	15-Master(80+)	165	GEORGE CHRISTMAN	320		205		375		900	
MEN'S DIVISIONS - PRO RAW MEN'S											
05-Pro Raw	01-Teen (13-15)	148	ANDREW SHEAFFER	250		165		315	325	730	740
05-Pro Raw	01-Teen (13-15)	181	TANNER BLUM	130	140	120	125	225	230	475	495
05-Pro Raw	05-Open	165	SEAN HIGHTMAN	590		352.5		540		1482.5	
05-Pro Raw	05-Open	181	RALPH TALOTTI	550		350		575		1475	
05-Pro Raw	05-Open	181	MATTHEW STAUB	535		395		535		1465	
05-Pro Raw	06-SubMaster(33-39)	165	SEAN HIGHTMAN	590		352.5		540		1482.5	
05-Pro Raw	09-Master(50-54)	198	BILL HULING	500		335		605		1440	
05-Pro Raw	16-Police	165	SEAN HIGHTMAN	590		352.5		540		1482.5	
MEN'S DIVISIONS - PRO EQUIPPED FULL POWER											
06-Pro Equip	10-Master(55-59)	165	DOUG SCHADER	380		240		350		970	
MEN'S DIVISIONS - BENCH ONLY											
01-AM Raw	05-Open	165	ADAM VARONE	0		300		0		300	
01-AM Raw	10-Master(55-59)	165	MATTHEW COPLEY, III	0		280	310	0		280	310
01-AM Raw	11-Master(60-64)	148	KIMBER SMITH	0		210	217.5	0		210	217.5
01-AM Raw	11-Master(60-64)	181	ROBERT ABEL	0		240		0		240	
05-Pro Raw	11-Master(60-64)	181	THOMAS PROYA	0		375		0		375	
05-Pro Raw	12-Master(65-69)	198	TODD CAMPO	0		355	365	0		355	365
05-Pro Raw	16-Police	181	MATTHEW KLINGENST	0		300		0		300	
06-Pro Equip	05-Open	181	CHARLES CANNAVINO	0		500		0		500	
06-Pro Equip	07-Master(40-44)	181	CHARLES CANNAVINO	0		500		0		500	

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MEN'S DIVISIONS - IRONMAN											
01-AM Raw	01-Teen (13-15)	165	DANIEL SWEIKERT	0		100		190		290	
05-Pro Raw	05-Open	198	TOMMY O'CONNOR	0		465		600		1065	
05-Pro Raw	06-SubMaster(33-39)	198	TOMMY O'CONNOR	0		465		600		1065	
INDICATES AN IPA WORLD RECORD											