

**2019 IPA BENCH PRESS AND DEADLIFT WORLDS**

June 22, 2019

The Nathaniel Center

Kingwood, Texas

RESULTS REFLECT ACTIVE IPA MEMBERS ONLY							
DIVISION	SUBDIVISION	WT CLASS	NAME	BENCH	4th ATT	DEAD	TOTAL
<b>WOMEN'S DIVISIONS - AM EQUIPPED PUSH/PULL</b>							
AM EQUIP	Master (45-49)	114	CARA FONG	143.3		226	369.3
<b>WOMEN'S DIVISIONS - PRO RAW BENCH ONLY</b>							
PRO RAW	Open	181	CHASSIDY JONES	165.3		0	165.3
<b>WOMEN'S DIVISIONS - AM RAW DEADLIFT ONLY</b>							
AM RAW	Master (40-44)	198	TASHA VALDEZ	0		391.3	391.3
<b>MEN'S DIVISIONS - PUSH PULL</b>							
AM RAW	Teen (13-15)	165	MATTHEW SABO	192.9		325.2	518.1
AM RAW	SubMaster(33-39)	242	DANIEL ROWLAND	341.7		507.1	848.8
AM RAW	Master (45-49)	198	JOSHUA MARKS	242.5		451.9	694.4
AM EQUIP	Open	198	LARS ALLISON	385.8		617.3	1003.1
AM EQUIP	SubMaster(33-39)	308	BRANDON BENSON	611.8		584.2	1196
AM EQUIP	Master(50-54)	181	JOHN BURKE	402.3		429.9	832.2
PRO EQUIP	Master(55-59)	220	PERCY TAYLOR	358.2		501.5	859.7
<b>MEN'S DIVISIONS - BENCH ONLY</b>							
AM RAW	Open	275	JOHN SOLLEDER	226		0	226
AM RAW	Master (45-49)	165	DAVID SMITH	358.2		0	358.2
AM RAW	Master(55-59)	242	KNIGHT SMITH	424.4	429.9	0	424.4
AM RAW	Master(55-59)	275	JOHN SOLLEDER	226		0	226
AM RAW	Master(55-59)	SHW	KEITH SAYLES	165.3	170.9	0	165.3
AM RAW	Master(60-64)	275	WAYNE SONNIER	358.2		0	358.2
AM EQUIP	Open	275	RENAN MORENO	661.4		0	661.4
AM EQUIP	SubMaster(33-39)	275	ISAAC CONDE	347.2		0	347.2
PRO RAW	Master(50-54)	275	PETE DAUNCEY	457.5		0	457.5
PRO RAW	Police	220	JEREMY ELSTON	413.4		0	413.4
PRO RAW	Police	SHW	SHAWN DENNING	440.9		0	440.9
PRO EQUIP	Open	242	HEIKKI TYRVAINEN	749.6		0	749.6
<b>MEN'S DIVISIONS - DEADLIFT ONLY</b>							
AM RAW	Open	220	PAULINO GARZA	0		468.5	468.5
AM RAW	Open	242	JORGE SIERRA	0		501.5	501.5
AM RAW	Master (40-44)	308	RAUL VALDEZ	0		402.3	402.3
AM EQUIP	Open	275	RENAN MORENO	0		551.2	551.2
<b>MEN'S DIVISIONS - DEADLIFT ONLY CONTINUED</b>							
PRO RAW	Open	132	RICHARD HAWTHORNE	0		600.8	600.8
PRO RAW	Open	198	IKENNA IHEKWOABA	0		584.2	584.2
PRO EQUIP	Open	198	TONY CAPRARI	0		650.4	650.4
PRO EQUIP	Open	220	JAKE MANSFIELD	0		661.4	661.4
PRO EQUIP	Open	220	MARKS LABOSTRIE	0		606.3	606.3
<b>INDICATES AN IPA WORLD RECORD</b>							