

2019 IPA CONNECTICUT IRONMAN PUSH/PULL SHOWDOWN

April 6, 2019

Powerhouse Gym

New Haven, CT

RESULTS REFLECT CURRENT IPA MEMBERS ONLY

DIVISION	SUBDIVISION	WT CLASS	NAME	BENCH	DEAD	TOTAL	BWT
WOMEN'S DIVISIONS							
AM Raw	Open	132	Sarah Sweney	115	225	340	132
AM Raw	Open	132	Erin McGuire	95	190	285	132
AM Raw	Open	148	Kirsten Bryce	150	300	450	135
AM Raw	Open	148	Kira McCall	140	255	395	142
AM Raw	Open	148	Erin Gribben	105	245	350	148
AM Raw	Open	148	Beth King	105	230	335	148
AM Raw	Open	148	Sherrie Forgione	95	205	300	134
AM Raw	Open	198+	Mary Damon	95	260	355	233
AM Raw	Open	198+	Lisa Damon	95	205	300	230
AM Raw	Submaster (33-39)	198+	Natalie Neptune-Mustafa	165	300	465	235
AM Raw	Master(40-44)	132	Katie Miller	120	265	385	127
AM Raw	Master(40-44)	181	Viral Patel	110	215	325	169
AM Raw	Master(45-49)	198	Kelly Montagna	120	260	380	196
AM Raw	Master(50-54)	165	Tammy Spisto	120	285	405	165
AM Raw	Master(50-54)	198+	Anne Keane	95	230	325	242
AM Raw	Master(60-64)	198+	Mary Damon	95	260	355	233
AM Raw	Master(65-69)	123	Mary Duffy	130	260	390	121
INDICATES AN IPA WORLD AND CONNECTICUT STATE RECORD							
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MEN'S DIVISIONS							
AM Raw	Open	165	Matt Nosal	330	475	805	163
AM Raw	Open	165	Jon Cardinali	215	440	655	164
AM Raw	Master(55-59)	148	Anthony Luciano	145	250	395	144
AM Raw	Master(65-69)	220	Ian Mercer	255	404	659	208
PRO Raw	Master(50-54)	308	Clark Anderson	315	610	925	233
AM Equip	Open	242	Josh Woodin	330	585	915	303
AM Equip	Master(60-64)	242	Bill Bergeron	160	285	445	
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