

**2016 IPA SUMMER STRENGTH SPECTACULAR POWERLIFTING
AND BENCH PRESS CHAMPIONSHIPS**

BEST LIFTERS

WOMEN'S FULL POWER BEST LIFTERS

Amateur Raw Women's Teen
Marcella Cash

Amateur Raw Men's Teen
Nicholas Chludzinski

Amateur Raw Women's Open
Melissa Barber

Professional Raw Women's Open
Jessica Zang

Professional Equipped Women's Open
Beth Poplin

MEN'S FULL POWER BEST LIFTERS

Amateur Raw Men's Open
Chris Weightman

Professional Raw Men's Open
Stephen Teeters

Amateur Raw Men's Master
Albert Owens, Jr.

Professional Raw Men's Master
James Cash

Amateur Men's Open
Eric Freeman

Professional Men's Open
Jonathan Ross

Amateur Men's Master
Eric Freeman

Professional Men's Master
John Mattei

WOMEN'S BENCH ONLY BEST LIFTER

Christina Schwarz

MEN'S BENCH ONLY BEST LIFTERS

Amateur Raw Men's Teen
Cody Couch

Amateur Raw Men's Open
Jacob Williams

Professional Raw Men's Open
Justin Kearns

Amateur Raw Men's Master
Chuck Mulligan

Professional Raw Men's Master
Justin Kearns

Professional Equipped Men's Master
Brian Yoder, Sr.