



## PROFESSIONAL OR AMATEUR ... NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

**Amateur Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division.**

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official. If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of drug testing by urinalysis. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

**Raw Lifting**: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

### IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

#### MEN'S DIVISIONS

| <i>Weight<br/>Class</i> | <u><i>Equipped</i></u> |      | <u><i>Unequipped</i></u> |           |
|-------------------------|------------------------|------|--------------------------|-----------|
|                         | PRO                    | M*   | RAW<br>PRO               | RAW<br>M* |
| 114                     | 1085                   | 976  | 904                      | 850       |
| 123                     | 1210                   | 1089 | 984                      | 904       |
| 132                     | 1300                   | 1170 | 1059                     | 974       |
| 148                     | 1450                   | 1305 | 1185                     | 1087      |
| 165                     | 1580                   | 1422 | 1298                     | 1190      |
| 181                     | 1692                   | 1523 | 1396                     | 1279      |
| 198                     | 1780                   | 1602 | 1471                     | 1354      |
| 220                     | 1875                   | 1687 | 1551                     | 1476      |
| 242                     | 1940                   | 1746 | 1607                     | 1497      |
| 275                     | 2000                   | 1800 | 1654                     | 1518      |
| 308                     | 2040                   | 1836 | 1728                     | 1594      |
| SHW                     | 2085                   | 1876 | 1748                     | 1614      |

#### WOMEN'S DIVISIONS

| <i>Weight<br/>Class</i> | <u><i>Equipped</i></u> |      | <u><i>Unequipped</i></u> |           |
|-------------------------|------------------------|------|--------------------------|-----------|
|                         | PRO                    | M*   | RAW<br>PRO               | RAW<br>M* |
| 97                      | 680                    | 612  | 543                      | 491       |
| 105                     | 732                    | 659  | 581                      | 529       |
| 114                     | 790                    | 711  | 623                      | 567       |
| 123                     | 857                    | 771  | 665                      | 604       |
| 132                     | 895                    | 805  | 703                      | 637       |
| 148                     | 953                    | 858  | 773                      | 702       |
| 165                     | 1027                   | 924  | 853                      | 759       |
| 181                     | 1149                   | 1034 | 895                      | 815       |
| 198                     | 1192                   | 1073 | 960                      | 871       |
| 198+ (SHW)              | 1260                   | 1134 | 1012                     | 918       |

\*M – Master

\*Totals below those posted above are considered Amateur Classification totals.