



## **Bobby Betts**

***Tennessee State Chairman***

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Upon graduation from Park View High in South Hill, Virginia, Bobby went straight into construction starting his own company at the age of 17. He nurtured his construction company for 15 years before selling it to become the operational manager for R&B Metals in Gainesboro, TN.

A year later, Bobby built his own successful powerlifting training facility in Gainesboro, TN named Press Fitness. He started powerlifting at 25-years-of-age having a passion for the bench press becoming a raw bench specialist; his best competition bench being 540 lbs. raw.

Bobby says: "Being a part of the IPA and bringing it to Tennessee has been a great experience. My plan is to help the IPA grow into something bigger for this generation of the lifters and those to come."