

2018 IPA CONNECTICUT IRONMAN PUSH/PULL SHOWDOWN

RESULTS

MARCH 3, 2018

POWERHOUSE GYM

DIVISION	SUBDIVISION	WT CLASS	NAME	BENCH	DEAD	TOTAL	BWT
WOMEN'S DIVISIONS							
01-AM Raw	05-Open	123	MARY DUFFY	132.5	250	382	123
01-AM Raw	05-Open	132	KATIE MILLER	110	265	375	125
01-AM Raw	05-Open	148	KIRSTIN BRYCE	140	315	455	134
01-AM Raw	05-Open	165	TAMMY SPISTO	120	280	400	162
01-AM Raw	05-Open	198+	MARY DAMON	105	275	380	211
01-AM Raw	05-Open	198+	LISA MARIE DAMON	92	205	297	224
01-AM Raw	08-Master(45-49)	198	KELLY MONTAGNA	115	250	365	188
01-AM Raw	09-Master(50-54)	105	JENNIFER CHAMPAGNE	90	230	320	104
01-AM Raw	10-Master(55-59)	114	DEBORA CARVALKO	90	220	310	112.5
01-AM Raw	11-Master(60-64)	198+	MARY DAMON	105	275	380	211
01-AM Raw	12-Master(65-69)	123	MARY DUFFY	132	250	382	123
MEN'S DIVISIONS							
01-AM Raw	05-Open	308	JERRY GROFF	260	420	680	295
01-AM Raw	07-Master(40-44)	198	ROBERT CALABRESE	255	450	705	194.5
01-AM Raw	09-Master(50-54)	275	RICHARD DOW	325	475	800	270
01-AM Raw	10-Master(55-59)	148	TONY LUCIANO	130	155	285	140
01-AM Raw	11-Master(60-64)	242	BILL BERGERON	150	250	400	232

INDICATES AN IPA WORLD RECORD