



ELLEN CHAILLET

Pennsylvania State Chairman

IPAPower2@gmail.com

540-760-2327

Ellen is a veteran with the International Powerlifting Association having been involved with its development and management since 1993. She has been running powerlifting meets since 1994, and shares responsibility for organizing and orchestrating four IPA powerlifting events including the IPA Strength Spectacular. She continues her role as Records and Membership Chair, while overseeing the Association's communications efforts. She works with Mark Chaillet as one of Chaillet's Private Fitness' trainers specializing in strength training for athletes and kettlebells.

Ellen started powerlifting competitively in 1981. She accomplished her "Elite" total and earned multiple IPA world records in her 20 years of competitive powerlifting. She was ranked multiple times in annual Top 10 Lifter Lists, and was ranked on the Top 10 All-Time list during her career. She brings 30 years as a competitive strength athlete and coach to the team.