

# 2015 IPA CONNECTICUT IRONMAN PUSH/PULL SHOWDOWN

April 25, 2015

Metal Health Gym

Wallingford, Connecticut

DIVISION	SUBDIVISION	WT. CLASS	NAME	BENCH	DEAD	4th ATT.	TOTAL	4th ATT. TOTAL	BWT
<b>AM RAW WOMEN'S DIVISIONS - PUSH/PULL</b>									
01-AM Raw	04-Junior(20-23)	114	Melissa Zanelli	110	280		390	390	111
01-AM Raw	04-Junior(20-23)	132	Maggie Slivinski	115	275		390	390	127
01-AM Raw	04-Junior(20-23)	148	Morgan Padisny	100	280		380	380	145.5
01-AM Raw	04-Junior(20-23)	148	Megan Gawel	130	245		375	375	134.5
01-AM Raw	05-Open	114	Maris Medeiros	55	165		220	220	110.5
01-AM Raw	05-Open	123	Mary Duffy	110	230		340	340	123
01-AM Raw	05-Open	132	Nancy Hutton	105	230		335	335	132
01-AM Raw	05-Open	148	Raven Hodge	135	285		420	420	148
01-AM Raw	05-Open	165	Marilyn Cotto	110	245		355	355	162.5
01-AM Raw	05-Open	165	Tammy Spisto	105	225		330	330	158
01-AM Raw	05-Open	SHW	Mary Damon	115	270		385	385	217.5
01-AM Raw	06-SubMaster(33-39)	148	Sara Weaver	90	235		325	325	133
01-AM Raw	08-Master(45-49)	165	Tammy Spisto	105	225		330	330	158
01-AM Raw	09-Master(50-54)	181	Kimberly Carrano	85	185		270	270	175.5
01-AM Raw	10-Master(55-59)	SHW	Mary Damon	115	270		385	385	217.5
01-AM Raw	11-Master(60-64)	148	Renata Weissberg	85	175		260	260	144
01-AM Raw	12-Master(65-69)	123	Mary Duffy	110	230		340	340	123
<b>AM RAW WOMEN'S DIVISIONS - BENCH ONLY</b>									
01-AM Raw	05-Open	123	Mary Duffy	110	0		110	110	123
01-AM Raw	12-Master(65-69)	123	Mary Duffy	110	0		110	110	123
Indicates an IPA and CT State Record									
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<b>AM RAW WOMEN'S DIVISIONS - DEAD LIFT ONLY</b>									
01-AM Raw	05-Open	114	Debora Carvalko	0	230		230	230	110.5
01-AM Raw	05-Open	123	Mary Duffy	0	230		230	230	123
01-AM Raw	05-Open	132	Alyssa D'Amico	0	215		215	215	131
01-AM Raw	10-Master(55-59)	114	Debora Carvalko	0	230		230	230	110.5
01-AM Raw	10-Master(55-59)	SHW	Mary Damon	0	270		270	270	217.5
01-AM Raw	12-Master(65-69)	123	Mary Duffy	0	230		230	230	123
<b>AM RAW MEN'S DIVISIONS - PUSH/PULL</b>									
01-AM Raw	03-Teen(18-19)	220	Nicholas D'Agostino	295	455		750	750	213
01-AM Raw	03-Teen(18-19)	308	Shane Selander	305	470		775	775	290
01-AM Raw	04-Junior(20-23)	165	Nick Metaxis	300	550	560	850	860	164.5
01-AM Raw	04-Junior(20-23)	165	Jacob Croft	275	415		690	690	161.5
01-AM Raw	04-Junior(20-23)	165	Aris Touloumtzis	190	370		560	560	158
01-AM Raw	04-Junior(20-23)	181	Jonathan Marshall	325	545		870	870	178
01-AM Raw	04-Junior(20-23)	181	Joe Cardello	250	465		715	715	174.5
01-AM Raw	04-Junior(20-23)	181	Ryan Tanner	200	385		585	585	178
01-AM Raw	04-Junior(20-23)	198	Jerry Ferarro	305	500		805	805	187.5
01-AM Raw	04-Junior(20-23)	198	Giovanni Rivera	250	500		750	750	198
01-AM Raw	04-Junior(20-23)	198	John Thorpe	275	390		665	665	198
01-AM Raw	05-Open	165	Marc Iannaccone	255	305		560	560	161
01-AM Raw	05-Open	165	Brian Hutton	225	325		550	550	156.5
01-AM Raw	05-Open	181	Matthew Bagley	300	540		840	840	181
01-AM Raw	05-Open	181	Steven Popp	260	525		785	785	178
01-AM Raw	05-Open	181	Robert Mauceri	220	525		745	745	175
01-AM Raw	05-Open	181	Nik Signore	260	425		685	685	179.5
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