



2015 IPA BIGGEST BENCH ON THE BEACH MYRTLE BEACH, SC

Chaillet's Private Fitness



Date	September 19, 2015 ENTRY DEADLINE IS SEPTEMBER 14, 2015.
Location	Gold's Gym – Myrtle Beach <i>Broadway at the Beach</i> 951 Jason Blvd. Myrtle Beach, SC 29577 (843) 448-3939 <i>MANY THANKS TO GOLD'S GYM MYRTLE BEACH FOR SPONSORING THEIR FACILITY FOR THE 2015 IPA BIGGEST BENCH ON THE BEACH!</i>
Directors	Mark and Ellen Chaillet, sponsored by Chaillet's Private Fitness and Gold's Gym – Myrtle Beach. (717) 495-0024, ipapower2@gmail.com
Entry Fees	ENTRY FEE PER DIVISION, PER LIFTER IS \$65. Crossover - \$45 per division.
Divisions	There are 2 divisions: Amateur is a drug-tested division and a non-drug tested, Professional division. Drug testing is by urinalysis. <u>We will not issue refunds for cancellations for any reason. If cancellation is due to injury, we will credit the entry fee toward the next IPA event directed by Mark and Ellen Chaillet only.</u> <u>RAW AND EQUIPPED SUBDIVISIONS:</u> <ul style="list-style-type: none"> • Open Men • Open Women • Teen (men & women) • Submaster (men & women) • Master (men & women) • Junior (men & women) • Police (men & women)
Weight Classes	Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW
	<u>LIFTING BEGINS AT 10 A.M.</u>
Weigh-ins	<u>24 HOUR WEIGH-IN RULE IN EFFECT.</u> ALL WEIGH-INS WILL TAKE PLACE IN THE GYM AT GOLD'S GYM – MYRTLE BEACH, 951 Jason Blvd., Myrtle Beach, SC 29577, (843) 448-3939. Friday, May 15: 5 pm. – 8 pm Saturday, May 16: 7:30 am – 9 am

Rules	International Powerlifting Association (IPA) rules apply. Equipment must meet IPA specifications. One-piece lifting suit must be worn. <i>For rules and regulations, visit the IPA website at www.IPAPOWER.com</i>	
Entry Fee	\$65 for the first division and \$45 for each additional division/s. <u>Get your entry in early, lifting will be limited to 60 lifters per day!</u>	
	We will not issue refunds for cancellations due to any reason. If cancellation is due to an injury, we will credit the entry fee toward the next IPA event directed by Mark and Ellen Chaillet only.	
	<u>NO CHECKS WILL BE ACCEPTED AFTER THE SEPTEMBER 14 DEADLINE. ONLY CASH OR CREDIT WILL BE ACCEPTED. CASH ONLY WILL BE ACCEPTED FOR ENTRIES PAID ON-SITE SEPTEMBER 18-19.</u>	
Deadline	ENTRY DEADLINE IS <u>SEPTEMBER 14</u> OR UNTIL THE 60 LIFTER PER DAY LIMIT IS MET. LATE ENTRIES WILL BE ACCEPTED AFTER MAY 11 through to the day of the meet, but will not be accepted if received after the 60 lifter limit is met. <i>There is a <u>\$25 late fee</u> for all entries postmarked after SEPTEMBER 14, 2015.</i>	
IPA Registration	You MUST purchase your IPA membership in advance. You will be required to present your IPA Membership Card at weigh-ins. No membership cards will be sold on-site.	
	Please register online or download a registration form available on the IPA website at http://www.ipapower.com/join_ipa.html . Complete the IPA Registration Form online or print and return with payment along with your meet entry to IPA, 190 Arsenal Rd., York, PA 17404.	
Awards	Custom awards will be distributed to the top three places in each weight class, division, and sub-division (including full age divisions).	
	Best Lifters Raw and Equipped: Open divisions (Pro & Am), Women (Pro & Am), Teen (Men & Women, Am Only), Master (Pro & Am)	
	<u>LIFTERS MUST MAKE ARRANGEMENTS TO HAVE AWARDS PICKED UP. WE WILL NOT SHIP UNCLAIMED AWARDS.</u>	
Nearby Hotels	Courtyard at Broadway 21 st Ave. 843-445-6333	Fairfield Inn at Broadway 3150 Oleander Dr. 843-444-8097
	LaQuinta at Broadway 21 st Ave. 843-916-8801	Hampton Inn at Broadway 1140 Celebrity Circle 843-916-0600
	Holiday Inn Express at Broadway 3100 Oleander Dr. 843-916-4993	Clarion Hotel 101 Fantasy Harbor Blvd. 843-236-1000 <i>Not located at Broadway at the Beach, therefore less expensive.</i>



PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The IPA has two divisions: *Professional and Amateur* so all lifters can co-exist under the umbrella of one Association. The **Professional Division**: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter as a Professional, no matter what he or she totals. The Pro Division is a **non-drug tested division**. The *Pro Division* has its own world and state records. Records will be kept in all subdivisions, except for Special Olympics.

Amateur Division: Standard lifting rules apply (*please see Personal Equipment section of Rule Book*). The division is open to anyone who wants to enter the Amateur division, no matter what he or she totals. **It is a 100% Drug Free Division.**

Lifters **will be tested for anabolic steroids through the use of urinalysis**. Testing will be random and chosen by the Meet Director. Lifters can be tested at any time during the meet at the Meet Director's discretion. An Amateur lifter must be prepared to provide a sample of his/her urine after competing if randomly chosen (there is no charge for the Amateur Division lifters unless the test results are positive). To protect the integrity of the drug test, the urine sample must be processed by the appropriate official.

If urinalysis test results are negative, the meet director will absorb the cost of the drug test. If urinalysis test results are positive, the lifter will be responsible for all expenses associated with the drug test. Subsequently, all of the lifter's records and accomplishments to date will be disqualified, and the lifter will be suspended from IPA competition for life.

If the lifter enters a meet as an *Amateur* and totals a *Professional* total, he/she will be classified as an Amateur pending the results of 100% drug testing. Amateur records set or broken are pending drug test results. *Amateur* records will be kept in all subdivisions.

Raw Lifting: This division allows knee wraps (in the squat only), lifting belt and wrist wraps.

IPA PROFESSIONAL CLASSIFICATION TOTALS (EQUIPPED AND RAW)

MEN'S DIVISIONS

PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
114	1085	976	904	850
123	1210	1089	984	904
132	1300	1170	1059	974
148	1450	1305	1185	1087
165	1580	1422	1298	1190
181	1692	1523	1396	1279
198	1780	1602	1471	1354
220	1875	1687	1551	1476
242	1940	1746	1607	1497
275	2000	1800	1654	1518
308	2040	1836	1728	1594
SHW	2085	1876	1748	1614

WOMEN'S DIVISIONS

PROFESSIONAL

<i>Weight Class</i>	<u>Equipped</u>		<u>Unequipped</u>	
	PRO	M*	RAW PRO	RAW M*
97	680	612	543	491
105	732	659	581	529
114	790	711	623	567
123	857	771	665	604
132	895	805	703	637
148	953	858	773	702
165	1027	924	853	759
181	1192	1073	895	815
198	1149	1034	960	871
198+ (SHW)	1260	1134	1012	918

*M - Master

*Totals below those posted above are considered Amateur Classification totals.

**REMEMBER, GET YOUR ENTRIES IN EARLY! THE DEADLINE IS
SEPTEMBER 14, 2015 OR WHEN THE 60 DAILY LIFTER LIMIT IS MET!**



2015 IPA BIGGEST BENCH ON THE BEACH MYRTLE BEACH, SC

Contact: (717) 495-0024, ipapower2@gmail.com

WWW.IPAPOWER.COM

DEADLINE: SEPTEMBER 14, 2015

___ MAN	<u>DIVISION</u>	<u>SUBDIVISIONS</u>	___ SUBMASTER
___ WOMAN	___ AMATEUR	___ OPEN MEN	___ MASTER
	___ PROFESSIONAL	___ OPEN WOMEN	___ POLICE
	___ EQUIPPED	___ TEEN	
	___ RAW	___ JUNIOR	
Weight Class _____		IPA Expiration Date _____	ENTRY FEE:

\$65 First Division \$45 Each Additional Division

Name: _____ Age _____ Birth Date _____

Street address: _____

City _____ State _____ Zip _____

Phone _____ Email Address _____

PAYMENT CHOICE: Check Money Order Credit Card Visa Mastercard

Cardholder Name: _____ Card Number: _____

Cardholder Street Address: _____

City: _____ State: _____ Zip: _____

Exp. Month/Year: _____ 3-Digit CVC2 Security Number: _____

Payment must accompany entry form and be postmarked by MAY 11, 2015! No personal checks will be accepted after SEPTEMBER 14! Please make checks payable to: Mark Chaillet, 190 Arsenal Rd., York, PA 17404. We will not issue refunds for cancellations due to any reason. If cancellation is due to an injury, we will credit the entry fee toward the next IPA event directed by Mark and Ellen Chaillet only.

RELEASE FROM LIABILITY

On behalf of myself, my heirs, executors, administrators, and assigns, I hereby irrevocably waive, release and fully discharge the International Powerlifting Association (IPA), Chaillet's Private Fitness, Inc., Gold's Gym – Myrtle Beach, Inc., their respective officers, directors, employees, agents, and shareholders, of and from any and all rights, claims, demands, lawsuits, and causes of action due to or arising from any accident, injury, damage or loss directly, indirectly or in any way associated with my participation in the powerlifting competition sponsored by Chaillet's Private Fitness, Inc.

I represent that I know of no medical reason or condition that would impair my ability to participate in this event, and I hereby assume any and all risk of accidental, medical injury or consequential damages resulting from my participation. I acknowledge, understand and accept the inherent risks of powerlifting.

I fully understand that if I enter the Am (drug tested) divisions, I may be selected to take a urinalysis test. If this test is found positive for anabolic steroids I (the signed applicant) will pay for the cost of this test. If the test is found to be negative, the IPA will pay for the test. By signing this release from liability, I irrevocably waive all rights, claims, demands, lawsuits and causes of action against everyone connected with this contest with regard to the result of any drug test. **I have read the above release, understand its meaning and consequences, and intend to be legally bound by its terms and have signed this release freely and voluntarily.**

Signature (in full) of applicant _____ Date _____

Signature (in full) of parent or guardian if applicant _____ Date _____
is under 21 years of age.