



## **Tim McKeever**

***Arizona State Chairman***

***[oldmaster@rec-n-cru.com](mailto:oldmaster@rec-n-cru.com)***

***1820 E. Coconino St.***

***Cottonwood, AZ 86326***

***928-451-4246***

Hailing from Cottonwood, Arizona, Tim McKeever has a long and decorated lifting career earning 11 World Records in the Bench Press and Strict Curl with NASA and the 100% Raw Federation in 2 different weight classes.

Tim won his first National Championship in 1990 at the NASA Southwest Regional Powerlifting Championships. He won a string of 31 National Champion Awards in NASA and the 100% Raw Powerlifting Federation from 1990 – 2012.

In 2010, Tim founded the REC-N-CRU Power Team. In four short years, Tim coached his team members to an amazing 135 World Records in NASA, 100% Raw Federation, WABDL, and USAPL powerlifting organizations. Tim's REC-N-CRU Power Team includes a wide range of lifters ages 17 – 74 years, and includes five women athletes. In 2012, REC-N-CRU won the 100% Raw World Master's Bench Press Title, and was voted 2012 Southwest Region Coach of the Year by the 100% Raw Powerlifting Federation.

Tim is an experienced platform judge serving as a NASA National Judge, a National and International level judge for the 100% Raw Federation, and an International judge for the AAU.

Tim spent 30 years as a criminal investigator and officer for the Lansing, Michigan Police Department. He also worked for the Lakewood, Colorado District Attorney's Office, and the Yavapai County Arizona Public Defender's Office. He honorably served his country in the Army in the Viet Nam War, 1968.