2014 IPA Metal Militia Christmas Carnage
December 13, 2014
Exile Fitness - Rosedale, MD

DIVISION	SUBDIVISION	WT. CLASS	NAME	SQUAT	BENCH	DEAD LIFT	TOTAL	BWT	DOB
WOMEN'S FULL POWER DIVISIONS									
Am Raw	Open	132	Ashley Sauers	250	125	260	635	129.4	9/10/1988
Am Raw	Master's (50-54)	123	Kristy Kraynak	220	120	255	595	122.8	1/17/1960
Am Raw	Master's (40-44)	132	Pauline Gauthier	215	115	265	595	130.8	11/10/1970
Am Raw	Master's (45-49)	SHW	Sue Knause	245	150	315	710	240	10/31/1966
Pro Raw	Open	165	Jessica Zang	250	185	350	785	164	9/1/1987
MEN'S FULL POWER - AMATEUR RAW									
Am Raw	Teen (18-19)	308	Zachary Bishop	625	335	550	1510	298	6/25/1996
Am Raw	Junior (20-23)	198	Zach Cutler	275	185	315	775	187.2	1/13/1993
Am Raw	Junior (20-23)	242	Brandon Holder	505	300	545	1350	234.8	5/17/1994
Am Raw	Junior (20-23)	242	Gavin Miskimon	410	275	460	1145	225	8/1/1993
Am Raw	Junior (20-23)	275	Zach Williams	580	375	545	1500	248.2	10/12/1991
Am Raw	Open	198	Dan Shull	485	290	515	1290	190	10/29/1987
Am Raw	Open	198	Isaac Alleman	425	330	530	1285	191	10/16/1989
Am Raw	Open	220	Sidney Pierce	550	320	645	1515	217.8	9/19/1990
Am Raw	Open	220	Daniel DiStefano	530	420	565	1515	218	2/24/1989
Am Raw	Open	242	Hifon Smith	800	405	725	1930	242.2	7/15/1971
Am Raw	Open	242	Greg Papanicolas	355	305	400	1060	237	5/9/1980
Am Raw	Open	SHW	Andrew Trostle	675	340	655	1670	350.2	10/15/1982
Am Raw	Police	SHW	Andrew Trostle	675	340	655	1670	350.2	10/15/1982
Am Raw	Submaster (33-39)	165	Eric Anderson	375	310	380	1065	160	3/15/1977
Am Raw	Submaster (33-39)	275	Mike Rabine	500	340	525	1365	261	3/4/1977
Am Raw	Master's (40-44)	242	Hifon Smith	800	405	725	1930	242.2	7/15/1971
Am Raw	Master's (50-54)	SHW	Albert Owens, Jr.	520	360	550	1430	315	6/5/1962

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AMATEUR EQUIPPED- MEN									
Am Equip	Open	148	Marc Fahringer	555	405	440	1400	143.6	9/24/1985
Am Equip	Open	220	Ray Boss	565	375	500	1440	214	12/24/1984
Am Equip	Open	220	Nick Graves	735	470	585	1790	218.8	9/20/1987
Am Equip	Master's (40-44)	198	Colin MacDougall	400	350	480	1230	198.2	8/6/1970
Am Equip	Master's (50-54)	308	Michael Capodanno	575	405	455	1435	290	8/13/1964
Pro Raw	Open	275	Nick Sauble	600	320	500	1420	275	4/14/1979
Pro Raw	Open	308	Christopher Wheeler	630	455	700	1785	301.7	2/21/1987
Pro Raw	Master's (40-44)	275	Ryan Fetty	575	425	520	1520	273.4	7/25/1974
Pro Raw	Master's (60-64)	242	Scott Bixler	290	290	360	940	231	12/29/1952
Pro Equip	Open	275	Adam Hartlaub	600	650	610	1860	254	3/11/1983
Pro Equip	Submaster (33-39)	275	Tim Reese	650	415	500	1565	272	5/3/1979
Pro Equip	Master's (40-44)	198	Ken Foreman	575	400	500	1475	194.4	6/25/1974
Pro Equip	Master's (40-44)	275	Bill Crawford	805	705	550	2060	275	9/2/1971
Pro Equip	Master (55-59)	275	Tim Albanese	740	470	550	1760	274.9	5/15/1958
WOMEN'S PUSH/PULL									
Am Raw	Teen 14-15	132	Katie Kraus		85	165	250	131.8	5/14/2003
MEN'S PUSH/PULL									
Am Raw	Open	242	Michael McNeil		400	545	945	234	2/6/1987
Am Raw	Open	SHW	Basile Nkere		325	650	975	315	7/29/1989
Pro Raw	Open	198	Keith Gavazzi		315	600	915	190	5/31/1985
Pro Raw	Master's (65-69)	165	Patrick Mullaney		250	430	680	164	2/19/1945
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MEN'S BENCH ONLY									
Am Raw	Open	242	Brad Hartlaub		355			238	4/28/1985
Am Equip	Junior (20-23)	275	Chance Beatty		635			264	7/1/1991
Pro Raw	Open	242	Jared Cassidy		520			241.2	7/17/1975
Pro Raw	Open	SHW	Richard Adams, Jr.		525			318	2/16/1990
Pro Equip	Open	275	Adam Hartlaub		650			254	3/11/1983
MEN'S SQUAT ONLY									
Am Raw	Master's (50-54)	220	Randal Olinger	445				216	9/21/1960
Pro Equip	Master's (45-49)	308	Alan Reynolds	635				290.8	1/24/1967
Pro Equip	Open	275	Kenny Sellers	725				260	1/26/1973
DNF									
Am Raw	Master's (65-69)	242	Donald Frost					230	7/25/1948
Pro Equip	Open	275	Dave Poole					268	5/23/1987
Pro Equip	Submaster (33-39)	SHW	Joe Kraus					350	10/12/1979
Pro Equip	Master's (40-44)	275	Chris Kitchen					273	10/26/1973
Pro Equip	Master's (45-49)	308	Brian Weston					276.4	10/19/1968
Pro Equip	Master's (40-44)	242	Rusty Pugh					238	9/14/1971

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