

2014 IPA NIGHT BEFORE CHRISTMAS RESULTS

December 6, 2014

Clarion Hotel Conference Center

Ronkonkoma, New York

NAME	DIVISION	WT. CLASS	SUBDIVISION	SQUAT	BENCH	DEAD LIFT	TOTAL	BWT	DOB
WOMEN - FULL POWER									
Koryn Padilla	RAW AM	SHW	Teen 18-19	255	140	315	710	201.5	6/19/1996
Elizabeth Grundy #1 Overall	RAW AM	114	Open	245	120	240	615	114.4	4/14/1964
Melissa Demetriou	RAW AM	123	Open	300	175	320	795	123	5/22/1992
Elizabeth Grundy	RAW AM	114	Master 50-54	245	120	240	615	114.4	4/14/1964
Kristina Evon	RAW AM	132	Master 40-44	185	115	360	660	131.6	5/19/1973
Victoria Lodise	RAW AM	132	Master 40-44	185	175	240	600	129	8/4/1970
Christine Wood	RAW AM	114	Master 45-49	170	120	300	590	114.2	12/12/1968
MEN - FULL POWER									
Kenny Leitch III	RAW AM	165	Teen 16-17	300	190	375	865	159.8	12/28/1998
Frank Accardi	RAW AM	220	Teen 18-19	520	360	620	1500	217.2	2/18/1995
Lauren Cohen	RAW AM	181	Open	630	360	575	1565	180.8	7/6/1979
Mike Fernandes	RAW AM	181	Open	425	245	555	1225	180.2	9/13/1989
Joe Dolbow	RAW AM	198	Open	450	270	500	1220	190.8	8/25/1995
Zach May	RAW AM	198	Open	335	320	460	1115	197	11/25/1993
Frank Accardi	RAW AM	220	Open	520	360	620	1500	217.2	2/18/1995
Alec DeMattheis	RAW AM	220	Open	515	265	495	1275	212.2	1/26/1991
Keith St Laurent	RAW AM	220	Open	450	250	495	1195	220.4	1/9/1986
Joseph Lamberson	RAW AM	220	Open	330	315	400	1045	214.2	3/22/1979
Robert Handlon	RAW AM	242	Open	575	325	525	1425	239.8	5/4/1988
Andrey Sus	RAW AM	242	Open	400	305	460	1165	230	9/21/1993
Jospeph Yeghan	RAW AM	275	Open	530	300	620	1450	271.6	10/6/1975
Edward Phillips	RAW AM	275	Open	485	285	550	1320	258	8/12/1994
Eric Frost	RAW AM	SHW	Open	360	250	450	1060	344.3	1/24/1974
Vincent Tanner	AM	220	Open	640	365	500	1505	215.4	10/29/1990
George Apostolopoulos	RAW PRO	242	Open	550	335	675	1565	241.4	2/21/1992
Mike Russo	RAW PRO	275	Open	650	410	675	1735	262.8	10/23/1990
Eric Revelli	RAW PRO	308	Open	630	360	655	1645	307.2	6/30/1991
Corey "Smash" Brittow #1 BL	RAW PRO	SHW	Open	800	505	800	2105	395	10/18/1986
INDICATES AN IPA WORLD RECORD									

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MEN'S FULL POWER CONTINUED									
Brad Davidson	PRO	220	Open	705	485	665	1855	219.6	2/4/1983
Ryan Ruddy	PRO	242	Open	850	600	600	2050	241.8	5/28/1980
Ryan Critti	PRO	308	Open	715	580	675	1945	301.2	1/19/1992
BENCH ONLY									
Castronze Balsano	RAW AM	220	Master 45-49		325		325	218.8	9/25/1967
PUSH/PULL									
Nick Cote	RAW AM	198	Open		225	425	650	197.2	12/16/1985
DEAD LIFT ONLY									
Jeffrey Kane	RAW AM	198	Master 45-49			500	500	196.2	5/12/1968
Paul Boulanger	PRO	242	Open			720	720	236.6	7/7/1982
INDICATES AN IPA WORLD RECORD									