



## 2013 IPA ULTIMATE POWERLIFTING CHAMPIONSHIPS

October 19, 2013  
Ultimate Athletics  
Ithaca, New York

### BEST LIFTERS

Overall Best Lifter:	Mark Van Alstyne
Women's Best Lifter:	Tierney Wallace
Men's Best Professional Lifter:	Mark Van Alstyne
Men's Best Amateur Lifter:	James Scheller
Best Dead Lift:	Sean Green
Best Bench Press:	William Barrotti

### BEST TEAMS

#### *Full Power*

Hell Barbell - 1<sup>st</sup> Place  
Ironworks - 2<sup>nd</sup> Place  
Metal Militia - 3<sup>rd</sup> Place  
Z Squad - 4<sup>th</sup> Place

#### *Bench Only*

Krench Barbell - 1st  
Hell Barbell - 2<sup>nd</sup>