



**IPA 2013 IPA NATIONAL  
POWERLIFTING & BENCH PRESS CHAMPIONSHIPS**

**BEST LIFTERS**

**FULL POWER**

RAW AMATEUR WOMEN'S OPEN  
PROFESSIONAL WOMEN'S OPEN

SASHA STODDARD  
ELAINE GRIMWOOD

RAW AMATEUR MEN'S TEEN

DYLAN WARD

RAW AMATEUR MEN'S OPEN  
RAW PROFESSIONAL MEN'S OPEN  
RAW AMATEUR MEN'S MASTER  
RAW PROFESSIONAL MEN'S MASTER

JOE STEEL  
CASEY WILLIAMS  
JAMES BURGE  
PAT MULLANEY

AMATEUR MEN'S OPEN  
PROFESSIONAL MEN'S OPEN  
AMATEUR MEN'S MASTER  
PROFESSIONAL MEN'S MASTER

MARC FAHRINGER  
JOSEPH MCDUGALL  
BRIAN YODER  
VINCENT COOKE

**BENCH ONLY**

RAW AMATEUR WOMEN'S TEEN  
RAW AMATEUR WOMEN'S OPEN

SARAH HUNT  
JESSICA READ

RAW AMATEUR MEN'S OPEN  
RAW PROFESSIONAL MEN'S OPEN  
RAW PROFESSIONAL MEN'S MASTER  
RAW AMATEUR MEN'S MASTER

MICHAEL YETTER  
JUSTIN KEARNS  
TONY LOTMAN  
HOWARD AARON

AMATEUR MEN'S OPEN  
PROFESSIONAL MEN'S MASTER

DAVID FIORI  
BOB O'BRIEN