

**2013 IPA NATIONAL POWERLIFTING BENCH PRESS CHAMPIONSHIPS**  
**NOVEMBER 16-17, 2013**  
**YORK BARBELL COMPANY, YORK, PENNSYLVANIA**

DIVISION	WT. CLASS	SUBDIVISION	NAME	SQUAT	4th Att	BENCH	4th Att	DEAD	4th Att	TOTAL	4th Att TOTAL	BWT	DOB
<b>WOMEN'S DIVISIONS</b>													
<b>FULL POWER</b>													
01-AM Raw	123	Teen(18-19)	SHANNON LEO	205		150		250		605		122.5	5/12/1994
01-AM Raw	132	Junior(20-23)	ASHLEY POWELL	165		85		215		465		129.35	2/28/1992
01-AM Raw	132	Open	ALLISON FINK	175		110		245		530		127.85	5/24/1983
01-AM Raw	148	Open	SASHA STODDARD	315	320	130		275		720	725	147.85	8/2/1977
01-AM Raw	181	Open	OGECHI AKALEGBERE	335	347.5	130		320		785	797.5	168.2	1/16/1988
01-AM Raw	148	SubMaster(33-39)	SASHA STODDARD	315	320	130		275		720	725	147.85	8/2/1977
01-AM Raw	181	Master(40-44)	Laurie Fenstermacher	265		130		280		675		175.5	7/19/1993
06-Pro Equip	105	Open	ELAINE GRIMWOOD	370		210		355		935		104.7	12/6/1970
06-Pro Equip	105	Master(40-44)	ELAINE GRIMWOOD	370		210		355		935		104.7	12/6/1970
<b>BENCH ONLY</b>													
01-AM Raw	165	01-Teen (13-15)	SARAH HUNT	0		115		0		115		164.15	2/3/2001
01-AM Raw	SHW	06-SubMaster(33-39)	JESSICA READ	0		250		0		250		284.05	5/30/1977
<b>IRONMAN</b>													
01-AM Raw	165	05-Open	WENDY TRACEY	0		145	150	225		370	375	158.5	2/14/1969
01-AM Raw	165	07-Master(40-44)	WENDY TRACEY	0		145	150	225		370	375	158.5	2/14/1969
<b>DEAD LIFT ONLY</b>													
01-AM Raw	148	09-Master(50-54)	PATTY RYLATT	0		0		240		240		141.6	12/31/1961
<b>MEN'S DIVISIONS - AMATEUR RAW</b>													
<b>FULL POWER</b>													
01-AM Raw	123	01-Teen (13-15)	JAKE SCHELLENCHLAGER	225		205		300		730		119.8	11/11/1999
01-AM Raw	165	02-Teen(16-17)	COLTON MCCONNELL	340		280		380		1000		162.25	1/18/1996
01-AM Raw	181	02-Teen(16-17)	JAKE SEARS	445	465	240		512.5		1197.5	1217.5	180.8	1/30/1996
01-AM Raw	198	03-Teen(18-19)	DEREK HEIMBACH	440		285		455		1180		196.9	11/6/1994
01-AM Raw	242	03-Teen(18-19)	DYLAN WARD	525		340		520		1385		232.45	5/25/1994
01-AM Raw	165	04-Junior(20-23)	ANTHONY WINDER	300		235		365		900		161.25	9/7/1992
01-AM Raw	181	04-Junior(20-23)	CODY MCGREEVY	350		265		465		1080		179.9	3/25/1991
01-AM Raw	198	04-Junior(20-23)	RYAN HIGGINS	450		335		630		1415		195.6	11/26/1990
01-AM Raw	198	04-Junior(20-23)	CHARLES MALEWSKI	430		350		480		1260		196.8	12/26/1991
01-AM Raw	242	04-Junior(20-23)	MARK LEPORE	500		355		555		1410		241.5	9/13/1991
01-AM Raw	148	05-Open	BRETT BAKER	265		155		325		745		148.5	5/19/1990
01-AM Raw	165	05-Open	GARY GOOD	380		200		425		1005		162.3	11/1/1980
01-AM Raw	181	05-Open	JOE STEEL	505		335		565		1405		177.8	11/10/1980
<b>Indicates and IPA World Record</b>													

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<b>MEN'S DIVISIONS - AMATEUR RAW CONTINUED</b>													
01-AM Raw	198	05-Open	RYAN SMITH	460		250		500		1210		187.3	3/18/1988
01-AM Raw	198	05-Open	BRYAN SCHAEFFER	415		255		540		1210		198.1	6/9/1979
01-AM Raw	198	05-Open	RICHARD SHEEDY	430		245		525		1200		198.2	4/29/1986
01-AM Raw	220	05-Open	DAN MURPHY	540		390		530		1460		218.9	4/28/1989
01-AM Raw	220	05-Open	JORDAN RAW	465		320		550		1335		215.95	7/15/1985
01-AM Raw	220	05-Open	BRANDON HOLDER	500		255		545		1300		217.3	5/17/1994
01-AM Raw	165	06-SubMaster(33-39)	BEN GIBSON	350		195		360		905		163.5	2/20/1980
01-AM Raw	198	06-SubMaster(33-39)	BRIAN ESPINO	425		320		460		1205		193.55	9/3/1979
01-AM Raw	220	06-SubMaster(33-39)	BILL BALDWIN	450		345		515		1310		212.7	11/24/1973
01-AM Raw	220	06-SubMaster(33-39)	KEN FOREMAN	380		265		410		1055		204.6	6/25/1974
01-AM Raw	148	12-Master(65-69)	JAMES BURGE	350		240		430		1020		146.5	1/25/1947
01-AM Raw	148	13-Master(70-74)	ITALO BONACCI	280		155		350		785		146.8	6/15/1944
01-AM Raw	165	08-Master(45-49)	TERRY CLEMENS	445		250		405		1100		164.5	7/16/1967
01-AM Raw	242	09-Master(50-54)	DENNIS SPANGENBURG	425		200		510	537.5	1135	1162.5	241.4	8/1/1961
01-AM Raw	242	12-Master(65-69)	JAKE BURKE	360		320		360		1040		235.8	9/11/1944
01-AM Raw	275	08-Master(45-49)	MICHAEL CAPODANNO	400		335		400		1135		275.3	8/13/1964
01-AM Raw	275	11-Master(60-64)	CHARLES TOUCHINSKY	385		325		425		1135		263.2	6/15/1953
01-AM Raw	308	09-Master(50-54)	ALBERT OWENS, JR	500		325		520		1345		297.9	6/5/1962
01-AM Raw	242	16-Police	JASON COLLINS	490		345		605		1440		230.1	9/4/1984
<b>MEN'S DIVISIONS - AMATEUR EQUIPPED</b>													
<b>FULL POWER</b>													
02-AM Equip	220	04-Junior(20-23)	VINCENT TANNER	705		365		530		1600		217.05	10/29/1990
02-AM Equip	275	04-Junior(20-23)	KEVIN STALEY	450		275		470		1195		261.4	3/16/1993
02-AM Equip	148	05-Open	MARC FAHRINGER	550		405		405		1360		145.25	9/24/1985
02-AM Equip	181	05-Open	JOSH WOOD	625		475		475		1575		181.4	6/3/1980
02-AM Equip	242	05-Open	NICK GRAVES	750		440		550		1740		133.1	9/20/1987
02-AM Equip	198	07-Master(40-44)	KIRK BANKERT	385		290		405		1080		196.3	1/15/1969
02-AM Equip	242	09-Master(50-54)	BRIAN YODER	670		600		540		1810		240.4	11/30/1962
02-AM Equip	242	09-Master(50-54)	BENTZ TOZER, JR.	655		50		145		850		241.5	9/11/1959
<b>MEN'S DIVISIONS - PROFESSIONAL RAW</b>													
<b>FULL POWER</b>													
05-Pro Raw	132	04-Junior(20-23)	JORDAN SYATT	350	377.5	235		485		1070	1097.5	132	5/8/1991
05-Pro Raw	220	04-Junior(20-23)	EDWARD PARENT	460		375		510		1345		212.4	12/20/1990
05-Pro Raw	275	04-Junior(20-23)	JOHN RUOPPO	600		405		650		1655		275.5	12/24/1992
<b>Indicates and IPA World Record</b>													

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<b>MEN'S DIVISIONS - PROFESSIONAL RAW CONTINUED</b>													
05-Pro Raw	148	05-Open	ANDREW HOLLENBECK	550		290		575		1415		147.2	1/12/1989
05-Pro Raw	181	05-Open	CHAD TOFFOLO	570		360		655		1585		181.45	1/10/1976
05-Pro Raw	181	05-Open	LARRY DYLES	550	600	400		580		1530	1580	181.75	8/16/1983
05-Pro Raw	220	05-Open	MIKE BRATTON	525		440		450		1415		218.3	9/25/1988
05-Pro Raw	242	05-Open	CASEY WILLIAMS	750		515		735		2000		239.8	12/13/1987
05-Pro Raw	275	05-Open	TRAVIS ANLAUF	675		500		675		1850		261.6	10/6/1986
05-Pro Raw	308	05-Open	CHRISTOPHER WHEELER	620		445		700		1765		303	2/21/1987
05-Pro Raw	308	05-Open	RYAN FETTY	625		400		550		1575		299	7/25/1974
05-Pro Raw	SHW	05-Open	DAN KOVACS	715		600		800		2115		316.7	3/6/1970
05-Pro Raw	181	06-SubMaster(33-39)	CHAD TOFFOLO	570		360		655		1585		181.45	1/10/1976
05-Pro Raw	198	07-Master(40-44)	MIKE YONTZ	475		385		585		1445		198.2	7/29/1970
05-Pro Raw	198	08-Master(45-49)	BILL HULING	490	500	400		607.5		1497.5	1507.5	198.25	7/24/1968
05-Pro Raw	181	10-Master(55-59)	DOUG KLINE	330		292.5	300	410		1032.5	1040	179.8	6/5/1954
05-Pro Raw	165	12-Master(65-69)	MICHAEL ATKINSON	235		210		275		720		164.5	7/26/1946
05-Pro Raw	181	12-Master(65-69)	PATRICK MULLANEY	330		290		420		1040		169.1	2/19/1945
05-Pro Raw	242	10-Master(55-59)	MIKE SWIERCZYNSKI	595		390		455		1440		235.6	7/28/1957
05-Pro Raw	275	10-Master(55-59)	TIMOTHY ALBANESE	525		450		565		1540		267.7	5/15/1958
05-Pro Raw	220	11-Master(60-64)	JAMES CASH	305		280		560		1145		208.25	11/6/1949
05-Pro Raw	242	11-Master(60-64)	SCOTT BIXLER	320		320		370		1010		234.3	12/29/1952
<b>MEN'S DIVISIONS - PROFESSIONAL EQUIPPED</b>													
<b>FULL POWER</b>													
06-Pro Equip	220	04-Junior(20-23)	JOSEPH MCDUGALL	905		550		645		2100		218.65	6/22/1993
06-Pro Equip	220	04-Junior(20-23)	MARK AMOROSO	605		410		475		1490		216.3	6/3/1991
06-Pro Equip	165	05-Open	GREG PRESTON	605		455		465		1525		154	7/1/1992
06-Pro Equip	220	05-Open	DANNY DIEMERT	800		480		600		1880		218.1	8/2/1984
06-Pro Equip	220	05-Open	FRANK STORCH	725		355		720		1800		218.6	9/13/1985
06-Pro Equip	275	05-Open	JUSTIN ENES	860		600		740		2200		273	9/8/1982
06-Pro Equip	275	05-Open	KENNETH SELLERS	775		500		650		1925		261.8	1/26/1979
06-Pro Equip	275	05-Open	PATRICK MARCOTTI	750		550		600		1900		267.5	9/20/1971
06-Pro Equip	308	05-Open	ANDY VALE	825		60		145		1030		278	11/3/1970
06-Pro Equip	242	07-Master(40-44)	VINCENT COOKE	832.5		660		650		2142.5		230	12/15/1967
06-Pro Equip	275	07-Master(40-44)	JAMIE HARRIS	600		505		540		1645		259.3	12/6/1969
06-Pro Equip	275	10-Master(55-59)	JEFF KING	455		325		530		1310		266.3	10/13/1954
<b>Indicates and IPA World Record</b>													

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<b>MEN'S DIVISIONS - BENCH ONLY</b>													
01-AM Raw	198	05-Open	EDWARD HARRINGTON	0		385		0		385		195.7	3/9/1984
01-AM Raw	198	05-Open	RYAN ALLES	0		350		0		350		197.5	10/18/1986
01-AM Raw	220	05-Open	MICHAEL YETTER	0		420		0		420		220.2	4/14/1983
01-AM Raw	220	06-SubMaster(33-39)	DAVID FIORI	0		355		0		355		205.1	7/10/1975
01-AM Raw	148	07-Master(40-44)	JONAS KREITZER	0		290	300	0		290	300	146.55	7/17/1971
01-AM Raw	198	08-Master(45-49)	JEFFREY HUMMER	0		260		0		260		189.8	7/2/1967
01-AM Raw	198	11-Master(60-64)	HOWARD AARON	0		325		0		325		190.3	12/21/1952
01-AM Raw	198	16-Police	RYAN ALLES	0		350		0		350		197.5	10/18/1986
01-AM Raw	220	16-Police	MICHAEL YETTER	0		420		0		420		220.2	4/14/1983
02-AM Equip	220	05-Open	DAVID FIORI	0		355		0		355		205.15	7/10/1975
05-Pro Raw	181	05-Open	ADAM HARSHBARGER	0		310		0		310		174.45	1/27/1986
05-Pro Raw	308	05-Open	JUSTIN KEARNS	0		550		0		550		291.5	6/27/1971
05-Pro Raw	148	07-Master(40-44)	JONAS KREITZER	0		290	300	0		290	300	146.55	7/17/1971
05-Pro Raw	242	09-Master(50-54)	TONY LOTMAN	0		510		0		510		240.25	1/25/1963
05-Pro Raw	308	07-Master(40-44)	JUSTIN KEARNS	0		550		0		550		291.5	6/27/1971
06-Pro Equip	275	12-Master(65-69)	BOB O'BRIEN	0		360		0		360		268.5	8/24/1947
<b>MEN'S DIVISIONS - IRONMAN</b>													
01-AM Raw	242	05-Open	MICHAEL MCNEIL	0		365		500		865		234.7	2/6/1987
01-AM Raw	SHW	05-Open	KEVIN CLARK	0		435		455		890		366.5	6/22/1973
01-AM Raw	SHW	07-Master(40-44)	KEVIN CLARK	0		435		455		890		366.5	6/22/1973
05-Pro Raw	242	05-Open	SEAN O'CONNOR	0		445		525		970		237.7	8/2/1979
06-Pro Equip	220	08-Master(45-49)	CHARLES BLOUGH	0		435		605		1040		218.7	8/4/1964
<b>MEN'S DIVISIONS - DEAD LIFT ONLY</b>													
01-AM Raw	275	11-Master(60-64)	BOB FEENEY	0		0		410		410		243.4	9/15/1952
06-Pro Equip	220	08-Master(45-49)	JIM HOWELL	0		0		670		670		219.5	1/23/1965
Am Equip	181	05-Open	BRIAN WAMBOLT	700		0		0		700		181.75	8/24/1977
Am Equip	181	06-SubMaster(33-39)	BRIAN WAMBOLT	700		0		0		700		181.75	8/24/1977
Pro Equip	275	04-Junior(20-23)	CHANCE BEATTY	750		0		0		750		272.7	7/1/1991
<b>Indicates and IPA World Record</b>													