

## PRO RAW Men Records

<b>181 Master 70-74</b>				<b>198 Teen 18-19</b>				<b>198 Master 65-69</b>			
Squat	275	Aleksander Loginov	5/26/2010	Squat				Squat			
Bench	231	Vladimir Manchuk	5/26/2010	Bench				Bench	287.5	James McNeill, Jr.	6/27/2010
Deadlift	352	Aleksander Loginov	5/26/2010	Deadlift				Deadlift			
<b>Total</b>	<b>781</b>	<b>Aleksander Loginov</b>	<b>5/26/2010</b>	<b>Total</b>				<b>Total</b>			
<b>181 Master 75-79</b>				<b>198 Submaster</b>				<b>198 Master 70-74</b>			
Squat				Squat				Squat			
Bench				Bench	405	Kevin Caruso	8/6/2011	Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>181 Master 80+</b>				<b>198 Master 40-44</b>				<b>198 Master 75-79</b>			
Squat				Squat	550	yacheslav Kravchen	5/26/2010	Squat			
Bench				Bench	440	David Siegfried, Jr.	6/27/2009	Bench			
Deadlift				Deadlift	660	yacheslav Kravchen	5/26/2010	Deadlift			
<b>Total</b>				<b>Total</b>	<b>1474</b>	<b>yacheslav Kravchen</b>	<b>5/26/2010</b>	<b>Total</b>			
<b>198lbs.</b>				<b>198 Master 45-49</b>				<b>198 Master 80+</b>			
Squat	600	Nelson Snyder	8/22/2009	Squat	460	Ricardo Ingravera	1/25/2009	Squat			
Bench	491.3	Sergey Koshkin	5/3/2011	Bench	450	Dave Siegfried	9/12/2009	Bench			
Deadlift	660	Viktor Galaguz	5/26/2010	Deadlift	605	Eddie Difruscia	3/26/2011	Deadlift			
<b>Total</b>	<b>1711.5</b>	<b>Viktor Galaguz</b>	<b>5/26/2010</b>	<b>Total</b>	<b>1435</b>	<b>Dave Siegfried</b>	<b>9/12/2009</b>	<b>Total</b>			
<b>198 Junior</b>				<b>198 Master 50-54</b>				<b>220lbs.</b>			
Squat	495	Anton Galaguz	10/25/2009	Squat	397.4	Vladimir Kopchuk	5/3/2011	Squat	726	Anton Obodovsky	5/26/2010
Bench	460	Chris Geers	5/21/2011	Bench	445	Rick Perconte	11/21/2009	Bench	563	Vadim Kakhuta	5/3/2011
Deadlift	555	Josh Miller	3/6/2011	Deadlift	520	Dave Yarnell	4/17/2011	Deadlift	726	Anton Obodovsky	5/26/2010
<b>Total</b>	<b>1415</b>	<b>Anton Galaguz</b>	<b>10/25/2009</b>	<b>Total</b>	<b>1170</b>	<b>Dave Yarnell</b>	<b>4/17/2011</b>	<b>Total</b>	<b>1881</b>	<b>Anton Obodovsky</b>	<b>2/6/2010</b>
<b>198 Teen 14-15</b>				<b>198 Master 55-59</b>				<b>220 Junior</b>			
Squat				Squat	391.9	Vladimir Nagalyuk	5/3/2011	Squat	565	Zach Miller	3/6/2011
Bench				Bench	281.5	Evgeny Basov	5/3/2011	Bench	440	Zach Miller	3/6/2011
Deadlift				Deadlift	458.2	Vladimir Nagalyuk	5/3/2011	Deadlift			
<b>Total</b>				<b>Total</b>	<b>1059.8</b>	<b>Vladimir Nagalyuk</b>	<b>5/3/2011</b>	<b>Total</b>	<b>1705</b>	<b>Zach Miller</b>	<b>3/6/2011</b>
<b>198 Teen 16-17</b>				<b>198 Master 60-64</b>				<b>220 Teen 14-15</b>			
Squat				Squat				Squat			
Bench				Bench	309.1	Fedor Chesnokov	5/3/2011	Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			

**Police Division Records - PRO RAW**

<b>114 lb.</b>					<b>220 lb.</b>								
Squat	0				Squat	515	Larry Sturdivant, Jr.	8/20/2011					
Bench	0				Bench	375	Patrick Ray	8/7/2010					
Deadlift	0				Deadlift	500	Patrick Ray	8/7/2010					
<b>Total</b>	<b>0</b>				<b>Total</b>	<b>1370</b>	Larry Sturdivant, Jr.	8/20/2011					
<b>123 lb.</b>					<b>242 lb.</b>								
Squat	0				Squat	0							
Bench	0				Bench	0							
Deadlift	0				Deadlift	0							
<b>Total</b>	<b>0</b>				<b>Total</b>	<b>0</b>							
<b>132 lb.</b>					<b>275 lb.</b>								
Squat	0				Squat	450	Mike Scala	8/7/2010					
Bench	0				Bench	365	Mike Scala	8/7/2010					
Deadlift	0				Deadlift	550	Mike Scala	8/7/2010					
<b>Total</b>	<b>0</b>				<b>Total</b>	<b>1365</b>	Mike Scala	8/7/2010					
<b>148 lb.</b>					<b>308 lb.</b>								
Squat	0				Squat	0							
Bench	0				Bench	510	Edward Daubert	12/4/2010					
Deadlift	0				Deadlift	630	Edward Daubert	12/4/2010					
<b>Total</b>	<b>0</b>				<b>Total</b>	<b>1140</b>	Edward Daubert	12/4/2010					
<b>165 lb.</b>					<b>SHW</b>								
Squat	0				Squat	0							
Bench	350	Jeremy Woods		3/6/2011	Bench	460	Brian Bacher	12/5/2009					
Deadlift	0				Deadlift	665	Brian Bacher	2/13/2010					
<b>Total</b>	<b>0</b>				<b>Total</b>	<b>1120</b>	Brian Bacher	12/5/2009					
<b>181 lb.</b>													
Squat	0												
Bench	290	Vadym Kotsaga		6/26/2010									
Deadlift	460	Vadym Kotsaga		6/26/2010									
<b>Total</b>	<b>750</b>	Vadym Kotsaga		6/26/2010									
<b>198 lb.</b>													
Squat	0												
Bench	286	Aleksey Soborov		5/26/2010									
Deadlift	0												
<b>Total</b>	<b>0</b>												

## PRO RAW Men Records

SHW Master 40-44				SHW Master 75-79			
Squat				Squat			
Bench	605	Vincent Dizenzo	8/22/2009	Bench			
Deadlift	650.3	Vince Eldridge	6/25/2005	Deadlift			
<b>Total</b>	1102.2	Vince Eldridge	6/25/2005	<b>Total</b>			
SHW Master 45-49				SHW Master 80+			
Squat				Squat			
Bench				Bench			
Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>			
SHW Master 50-54							
Squat	640.3	Mikhail Chekushkin	5/3/2011				
Bench	331.2	Mikhail Chekushkin	5/3/2011				
Deadlift	529.9	Mikhail Chekushkin	5/3/2011				
<b>Total</b>	1501.4	Mikhail Chekushkin	5/3/2011				
SHW Master 55-59							
Squat							
Bench							
Deadlift							
<b>Total</b>							
SHW Master 60-64							
Squat							
Bench	230	Les Jordan	8/20/2011				
Deadlift	440	Les Jordan	8/20/2011				
<b>Total</b>	670	Les Jordan	8/20/2011				
SHW Master 65-69							
Squat							
Bench							
Deadlift							
<b>Total</b>							
SHW Master 70-74							
Squat							
Bench							
Deadlift							
<b>Total</b>							

**PRO RAW Men Records**

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<b>308lbs</b>				<b>308 Master 45-49</b>				<b>308 Master 80+</b>			
Squat	726	Aleksey Grin	5/26/2010	Squat				Squat			
Bench	635	Dan Kovaks	6/27/2010	Bench				Bench			
Deadlift	825	Dan Kovaks	6/27/2010	Deadlift				Deadlift			
<b>Total</b>	<b>2125</b>	<b>Dan Kovaks</b>	<b>6/27/2010</b>	<b>Total</b>				<b>Total</b>			
<b>308 Junior</b>				<b>308 Master 50-54</b>				<b>SHW</b>			
Squat	700	Brendan Stote	8/22/2009	Squat				Squat	640.3	Mikhail Chekushkin	5/3/2011
Bench	475	Brendan Stote	8/22/2009	Bench	460	Vinnie Vardine	7/23/2006	Bench	655	Ben Brand	11/21/2010
Deadlift	670	Brendan Stote	8/22/2009	Deadlift				Deadlift	702.5	Pedro Mejias	12/4/2010
<b>Total</b>	<b>1845</b>	<b>Brendan Stote</b>	<b>8/22/2009</b>	<b>Total</b>				<b>Total</b>	<b>1501.4</b>	<b>Mikhail Chekushkin</b>	<b>5/3/2011</b>
<b>308 Teen 14-15</b>				<b>308 Master 55-59</b>				<b>SHW Junior</b>			
Squat				Squat				Squat			
Bench				Bench				Bench	419.5	Dmitry Bescherov	5/3/2011
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>308 Teen 16-17</b>				<b>308 Master 60-64</b>				<b>SHW Teen 14-15</b>			
Squat				Squat				Squat			
Bench				Bench				Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>308 Teen 18-19</b>				<b>308 Master 65-69</b>				<b>SHW Teen 16-17</b>			
Squat				Squat				Squat			
Bench				Bench				Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>308 Submaster</b>				<b>308 Master 70-74</b>				<b>SHW 18-19</b>			
Squat	684.5	Yury Chiklin	5/3/2011	Squat				Squat			
Bench	510	Edward Daubert	12/4/2010	Bench				Bench			
Deadlift	630	Edward Daubert	12/4/2010	Deadlift				Deadlift			
<b>Total</b>	<b>1678.1</b>	<b>Yury Chiklin</b>	<b>5/3/2011</b>	<b>Total</b>				<b>Total</b>			
<b>308 Master 40-44</b>				<b>308 Master 75-79</b>				<b>SHW Submaster</b>			
Squat	455	Joe Behari, Jr.	7/30/2011	Squat				Squat			
Bench	540	Vitaliy Soldatenko	7/5/2009	Bench				Bench			
Deadlift	565	Joe Behari, Jr.	7/30/2011	Deadlift				Deadlift			
<b>Total</b>	<b>1470</b>	<b>Joe Behari, Jr.</b>	<b>7/30/2011</b>	<b>Total</b>				<b>Total</b>			

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<b>242 Master 55-59</b>				<b>275 Junior</b>				<b>275 Master 50-54</b>			
Squat	550	Kiril Komnatniy	5/26/2010	Squat	685	Chris Hepler	6/26/2011	Squat			
Bench	374	Kiril Komnatniy	5/26/2010	Bench	574.1	Petr Onischuk	5/3/2011	Bench	400	Dan Dague	9/18/2010
Deadlift	605	Kiril Komnatniy	5/26/2010	Deadlift	625	Jake Knista	7/24/2010	Deadlift			
<b>Total</b>	<b>1529</b>	<b>Kiril Komnatniy</b>	<b>5/26/2010</b>	<b>Total</b>	<b>1810</b>	<b>Chris Hepler</b>	<b>6/26/2011</b>	<b>Total</b>			
<b>242 Master 60-64</b>				<b>275 Teen 14-15</b>				<b>275 Master 55-59</b>			
Squat				Squat				Squat			
Bench				Bench				Bench	235	Franz Adler	1/30/2010
Deadlift				Deadlift				Deadlift	300	Franz Adler	1/30/2010
<b>Total</b>				<b>Total</b>				<b>Total</b>	<b>535</b>	<b>Franz Adler</b>	<b>1/30/2010</b>
<b>242 Master 65-69</b>				<b>275 Teen 16-17</b>				<b>275 Master 60-64</b>			
Squat				Squat				Squat			
Bench	270	Brooke Blough	6/28/2009	Bench				Bench	250	Franz Adler	5/22/2010
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>242 Master 70-74</b>				<b>275 Teen 18-19</b>				<b>275 Master 65-69</b>			
Squat				Squat				Squat			
Bench				Bench				Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>242 Master 75-79</b>				<b>275 Submaster</b>				<b>275 Master 70-74</b>			
Squat				Squat	680	Michael Moore	1/25/2009	Squat			
Bench				Bench	505	Brian LaPila	7/30/2011	Bench	280	Charles Workman	3/20/2010
Deadlift				Deadlift	660	Yan Salaks	3/6/2011	Deadlift			
<b>Total</b>				<b>Total</b>	<b>1755</b>	<b>Michael Moore</b>	<b>1/25/2009</b>	<b>Total</b>			
<b>242 Master 80+</b>				<b>275 Master 40-44</b>				<b>275 Master 75-79</b>			
Squat				Squat	545	Lou Santella	7/30/2011	Squat			
Bench				Bench	541	Bakhtiyar Velibekov	5/3/2011	Bench			
Deadlift				Deadlift	625	Jim Smith	10/24/2010	Deadlift			
<b>Total</b>				<b>Total</b>	<b>1525</b>	<b>Lou Santella</b>	<b>7/30/2011</b>	<b>Total</b>			
<b>275lbs.</b>				<b>275 Master 45-49</b>				<b>275 Master 80+</b>			
Squat	760	Kevin DiGiorgio	6/26/2011	Squat				Squat			
Bench	574.1	Petr Onischuk	5/3/2011	Bench	500	Scott Kuzma	5/7/2011	Bench			
Deadlift	775	Brent Addlebrooke	4/18/2009	Deadlift				Deadlift			
<b>Total</b>	<b>1850</b>	<b>Luke Edwards</b>	<b>11/18/2007</b>	<b>Total</b>				<b>Total</b>			

**PRO RAW Men Records**

<b>220 Teen 16-17</b>				<b>220 Master 60-64</b>				<b>242 Teen 14-15</b>			
Squat				Squat				Squat			
Bench				Bench	286.6	Vladimir Bolshov	2/10/2011	Bench			
Deadlift				Deadlift				Deadlift			
<b>Total</b>				<b>Total</b>				<b>Total</b>			
<b>220 Teen 18-19</b>				<b>220 Master 65-69</b>				<b>242 Teen 16-17</b>			
Squat				Squat				Squat			
Bench				Bench	301.1	James McNeill, Jr.	2/6/2010	Bench			
Deadlift				Deadlift	250	James McNeill, Jr.	2/6/2010	Deadlift			
<b>Total</b>				<b>Total</b>	551.1	James McNeill, Jr.	2/6/2010	<b>Total</b>			
<b>220 Submaster</b>				<b>220 Master 70-74</b>				<b>242 Teen 18-19</b>			
Squat	500	Jason Smith	11/22/2009	Squat				Squat			
Bench	485.8	Sergey Didovik	5/3/2011	Bench				Bench			
Deadlift	580	Jason Smith	11/22/2009	Deadlift				Deadlift			
<b>Total</b>	1560	Jason Smith	11/22/2009	<b>Total</b>				<b>Total</b>			
<b>220 Master 40-44</b>				<b>220 Master 75-79</b>				<b>242 Submaster</b>			
Squat	550	Kenneth Soucy	12/4/2010	Squat				Squat	520	Mike Behrle	3/26/2011
Bench	565	Joe Martin	10/19/2008	Bench				Bench	529.1	Oleg Sajdencal	2/10/2011
Deadlift	684.5	Alexey Kozlov	5/3/2011	Deadlift				Deadlift	650	Mike Behrle	3/26/2011
<b>Total</b>	1628.4	Alexey Kozlov	5/3/2011	<b>Total</b>				<b>Total</b>	1515	Mike Behrle	3/26/2011
<b>220 Master 45-49</b>				<b>220 Master 80+</b>				<b>242 Master 40-44</b>			
Squat	475	Dave Richardson	12/4/2010	Squat				Squat	570	Jon Tenbroeck	3/6/2011
Bench	440	Dave Siegfried	2/19/2011	Bench				Bench	500	Darrell Capps	5/21/2011
Deadlift	585	Dave Siegfried	2/19/2011	Deadlift				Deadlift	661.4	Aleksey Kozlov	2/10/2011
<b>Total</b>	1385	Dave Richardson	12/4/2010	<b>Total</b>				<b>Total</b>	1585	Jon Tenbroeck	3/6/2011
<b>220 Master 50-54</b>				<b>242lbs.</b>				<b>242 Master 45-49</b>			
Squat	585.1	Aslambek Abaev	5/3/2011	Squat	706.6	Andrey Ayvazov	5/3/2011	Squat	575	Jon Tenbroeck	8/20/2011
Bench	463.7	Aslambek Abaev	5/3/2011	Bench	540	Jared Cassidy	11/22/2009	Bench	412.5	Jon Tenbroeck	8/20/2011
Deadlift	585.1	Aslambek Abaev	5/3/2011	Deadlift	728.6	Andrey Ayvazov	5/3/2011	Deadlift	570	Jon Tenbroeck	8/20/2011
<b>Total</b>	1633.9	Aslambek Abaev	5/3/2011	<b>Total</b>	1921	Stanislav Shvetsov	5/3/2011	<b>Total</b>	1557.5	Jon Tenbroeck	8/20/2011
<b>220 Master 55-59</b>				<b>242 Junior</b>				<b>242 Master 50-54</b>			
Squat				Squat	600	Isaac Zeng	4/17/2011	Squat	505	Mike Swierczynski	6/28/2009
Bench	419.5	Damir Kuzeev	5/3/2011	Bench	460	Alex Truman	12/4/2010	Bench	463.7	Konstantin Bobrov	5/3/2011
Deadlift				Deadlift	675	Alex Truman	12/4/2010	Deadlift	560	Mike Swierczynski	6/28/2009
<b>Total</b>				<b>Total</b>	1735	Alex Truman	12/4/2010	<b>Total</b>	1435	Mike Swierczynski	6/28/2009