

2011 IPA NATIONAL POWERLIFTING AND BENCH PRESS CHAMPIONSHIPS
 NOVEMBER 19-20
 YORK BARBELL COMPANY
 YORK, PA

FULL POWERLIFTING

DIVISION	SUBDIVISION	CLASS	NAME	BEST SQUAT	4th Att.	BEST BENCH	4th Att.	BEST DEAD	4th Att.	TOTAL	4th Att. Total	BWT.	DOB
FULL POWER													
MEN'S TEEN													
Raw Amateur	Men's Teen (16-17)	165	Collin Koser	300		200		450		950		163.9	7/29/94
		198	Griffen Yeager	425		275		500		1200		187.4	10/21/95
WOMEN													
Raw Amateur	Women's Master (40-44)	148	Wendy Tracey	165		125		235		525		143	2/14/69
Professional	Women's Open	105	Elaine Grimwood	375		200		350	360*	925	935	104.1	12/6/70
MEN'S JUNIOR													
Raw Amateur	Men's Junior	165	Nu Akalegbere	480		375		507.5	517.5*	1362.5	1372.5*	161.7	5/27/91
		198	Clinton Koser	450		340		550		1340		187.2	2/3/88
		220	Casey Williams	600		435*		660*		1695*		216.8	12/13/87
Raw Professional	Men's Junior	220	Alex Truman	585*		455		600		1640		219	8/26/90
MEN'S OPEN													
Amateur	Men's Open	275	Tim Davis	655		430		555		1640		261.2	6/3/85
		275	Patrick Marcotti	640		405		530		1575		251.3	9/20/71
		308	Eric Halvorsen	700		505		600		1805		302.9	8/17/81
Professional	Men's Open	165	Dustin Cyr	785		515		600		1900		163	12/19/84
		198	David Kirschen	730		580		590		1900		194.7	8/2/77
		220	Danny Diemert	750		475		625		1850		210.9	8/2/84
		220	David Snyder	605		360		450		1415		209.2	12/20/77
		220	James Howell	710	802.5	300		300		1310	1402.5	211.9	1/23/65
		242	Jim Jones	800		610		630		2040		229.6	7/25/73
		242	Justin Enes	800		505		710		2015		241.2	9/8/82
		308	Jason Pegg	810		250		725		1785		288.5	11/2/79
Raw Amateur	Men's Open	181	Ed Harrington	365		355		450		1170		181.7	
		242	Casey Drader	405		315		500		1220		232.2	8/14/86
Raw Elite Amateur	Men's Open	181	Larry Dyles	580	600*	380		535		1495	1515*	178.5	8/16/83
Raw Professional	Men's Open	181	Larry Dyles	580	600	380		535		1495	1515	178.5	8/16/83

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<i>Raw Pro Men's Open Cont.</i>													
Raw Professional		181	Jason Winters	475		315		500		1290		179.5	2/3/81
		308	Dan Kovacs	735	760*	625	637.5*	805		2165	2202.5*	307.9	3/6/70
MEN'S SUBMASTER													
Raw Amateur	Men's Submaster	198	James Stroud	330		315		500		1145		197	8/16/72
MEN'S MASTER													
Professional	Men's Master (60-64)	198	James Cash	445		330		555*		1330		198.2	11/6/49
Professional	Men's Master (40-44)	220	Dean Moore	750		500		500		1750		207.6	5/10/67
Professional	Men's Master (45-49)	220	James Howell	710	802.5*	300		300		1310	1402.5	211.9	1/23/65
Professional	Men's Master (40-44)	SHW	Andrew Vale	1000		520		650		2170		318.3	11/3/70
Raw Amateur	Men's Master (65-69)	148	Italo Bonacci	310*		170		358*		838*		148	6/15/44
Raw Amateur	Men's Master (55-59)	165	Doug Kline	340	350*	280		440	445*	1060	1075*	163.6	6/5/54
Raw Amateur	Men's Master (45-49)	275	Butch Dayhoff	465		285		520		1270		259	2/2/66
Raw Professional	Men's Master (65-69)	181	Patrick Mullaney	310	315*	295		435*		1041	1045*	172.2	2/19/45
Raw Professional	Men's Master (50-54)	220	Ricardo Ingravera	410		270		540		1220		200.4	9/18/60
POLICE													
Raw Amateur	Raw Police	198	Michael Boyd	480*		330		450		1260		190.7	3/30/83
	Raw Police	SHW	Andrew Trostle	455		265		555*		1275		325.5	10/15/82
Raw Pro	Raw Police	275	Joseph Sauble	540	565*	400		400		1340	1365	258.3	9/18/75
SQUAT/DEAD LIFT ONLY													
Amateur	Men's Open	242	Kevin Nelson	525		0		500		1025		237	10/8/70
IRONMAN													
Raw Amateur	Men's Open	181	Jon Mullany	0		355		400		755		176.3	1/13/78
DEAD LIFT ONLY													
Amateur	Men's Master (60-64)	SHW	Les Jordan	0		0		440		440		318.4	8/20/51
Professional	Men's Master (60-64)	SHW	Les Jordan	0		0		440		440		318.4	8/20/51

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BENCH PRESS ONLY

DIVISION	SUBDIVISION	CLASS	NAME	BEST BENCH	4th Att.	BWT.	DOB
BENCH ONLY							
WOMEN'S TEEN							
Raw Am	Women's Teen (16-17)	123	Elizabeth Cooley	130*		119.7	12/3/93
MEN'S TEEN							
Raw Amateur	Men's Teen (18-19)	181	Brandon Mose	340		168.9	6/19/93
MEN'S JUNIOR							
Raw Amateur	Men's Junior	SHW	Tom Murray	510		343.8	9/30/88
MEN'S OPEN							
Professional	Men's Open	220	Brian Rainone	455		209.8	3/27/84
		275	Doug Smithey	765		248.3	7/27/74
		308	Andrew Bosnyak	720		298.1	5/20/79
Raw Amateur	Men's Open	275	Ian Giusti	365		272.9	8/8/84
		SHW	Tom Murray	510		343.8	9/30/88
Raw Professional	Men's Open	275	Bryce Peterson	535		247	5/22/82
MEN'S SUBMASTER							
Professional	Men's Submaster	275	Doug Smithey	765*		248.3	7/27/74

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MEN'S MASTER							
Amateur	Men's Master (50-54)	198	Steven Dussault	0	500*	190.8	3/18/60
Amateur	Men's Master (40-44)	242	Duane Wray	580		225.1	11/14/68
Amateur	Men's Master (45-49)	242	Brian Yoder, Sr.	570*		233.2	11/30/62
Professional	Men's Master (65-69)	198	Chuck Mulligan	275*		193.8	1/22/43
Professional	Men's Master (40-44)	242	John Roberts, III	450		228.7	11/9/71
Raw Amateur	Men's Master (70-74)	198	John Moore	240	245*	196.5	6/12/37
Raw Amateur	Men's Master (75-79)	198	Robert Dahlhamer	260*		195	11/16/36
Raw Amateur	Men's Master (65-69)	220	Brooke Blough	220		215.9	7/3/42
Raw Amateur	Men's Master (50-54)	242	Barry Shatzer	290		239.8	4/21/59
Raw Amateur	Men's Master (75-79)	275	Don Joy	280	290*	251.1	12/24/31
Raw Professional	Men's Master (70-74)	198	John Moore	240	245*	196.5	6/12/37
Raw Professional	Men's Master (65-69)	220	Brooke Blough	220		215.9	7/3/42
Raw Professional	Men's Master (45-49)	242	Todd Willow	405		240.8	3/18/65
Raw Professional	Men's Master (60-64)	275	Bob O'Brien	290*		266.1	8/24/47
POLICE							
Raw Professional	Police	275	Mike Barravecchio	440*		272	10/16/68

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BEST LIFTERS

FULL POWER BEST LIFTERS	
EQUIPPED	
Professional Woman	Elaine Grimwood
Amateur Men's Open	Eric Halvorsen
Professional Men's Open	Dustin Cyr
Professional Men's Master	James Cash
RAW	
Amateur Woman	Wendy Tracey
Amateur Men's Teen	Griffen Yeager
Amateur Men's Open	Casey Williams
Professional Men's Open	Dan Kovacs
Amateur Men's Master	Italo Bonacci
Professional Men's Master	Patrick Mullaney
BENCH ONLY BEST LIFTERS	
EQUIPPED	
Professional Men's Open	Doug Smithey
Amateur Men's Master	Brian Yoder
Professional Men's Master	Chuck Mulligan
RAW	
Amateur Women's Teen	Elizabeth Cooley
Amateur Men's Teen	Brandon Mose
Amateur Men's Open	Tom Murray
Professional Men's Open	Bryce Peterson
Amateur Men's Master	Robert Dahlhamer
Professional Men's Master	John Moore