



**2011 IPA LEXEN XTREME FALL CLASSIC
POWERLIFTING, BENCH PRESS & PUSH/PULL**

General Information

Date October 8th, 2011

Location Ultimate Sports Center
1200 Steelwood Road, Suite B
Columbus, Ohio 43212

*****PLEASE NOTE THERE IS A NEW VENUE LOCATION*****

Director Dan Dague
Dan: (614) 554-8824 or email lexenxtreme@aol.com

Entry Fees **ENTRY FEE PER LIFTER: \$100 (Full Power), \$50 (Bench Only), \$70 (Push/Pull)**
Crossover - \$35 per division.

Divisions There are 3 divisions: Amateur is a drug-tested division, Elite Amateur (fully drug tested, designed for those who total Pro drug free); and a non-drug tested, Professional division. Drug testing is by urinalysis. **We will not issue refunds for cancellations for any reason. If a cancellation is due to an injury, we will credit the entry fee towards the next IPA event directed by Dan Dague only.**

DIVISIONS:

- Open Professional
- Open Amateur
- Elite Amateur

SUB-DIVISIONS:

- Men • Submaster
- Women • Master (all age divisions)
- Teen • Junior
- Police • Raw

Weight Classes Men: 114, 123, 132, 148, 165, 181, 198, 220, 242, 275, 308, SHW
Women: 97, 105, 114, 123, 132, 148, 165, 181, 198, SHW

PROFESSIONAL OR AMATEUR . . . NEED HELP CHOOSING YOUR DIVISION?

The International Powerlifting Association (IPA) is an organization established as a "Lifters for Lifters" organization with three divisions, Professional (Pro), Elite Amateur and Amateur (Am). Qualification for these divisions is as follows:

Pro Division: Anyone who totals **Professional (Pro)** is entered into this division. Standard lifting rules apply, but the division is open to anyone who wants to enter as a Professional, no matter what he or she totals. There is no drug testing in this division. The *Pro Division* has its own world records. Records will be kept in the Men, Women, Junior, Open, Submaster, Raw, and Master Divisions only. There is no Teenage or a Special Olympian Division in the *Pro Division*.

Amateur (Am) Division: This division is a very strict drug-free division. Any lifter under suspicion of drug use will be required to have a urinalysis test (same standards as the U.S. Olympic Committee). If the test is negative, the meet director will absorb the cost of the drug test. If the test results are positive, the lifter will be responsible for all expenses associated with the drug test, and all of the lifter's records and accomplishments to date will be considered disqualified. A lifter testing positive will be permanently banned from lifting in the *Am Division*. ***If the lifter enters the Am Division and totals a Pro total, the lifter will be classified as an Amateur in the meet he/she totals Pro, but must compete in the Pro division in any subsequent IPA meets.*** The *Amateur Division* has its own elite and world records. *Amateur* records will be kept in the Men, Women, Teen (14-15, 16-17, 18-19), Junior (20-23), Open, Submaster, Raw, Master, Police, and Special Olympian Divisions.

Elite Amateur Division: This division is considered Amateur in that it is a completely drug free division. To qualify, the lifter must have a Pro total. Every athlete is tested by method of urinalysis, and the lifter pays for his/her own drug test.

Raw Lifting: This division requires the lifters use no equipment except for wrist wraps and a belt. One-piece non-supportive singlet is required.

IPA PROFESSIONAL CLASSIFICATION TOTALS

CONTACT: MARK: CHAILFIT@YAHOO.COM ELLEN: ECHAILLET@AOL.COM

MEN'S DIVISIONS

WEIGHT CLASSES	PRO	MASTER
114	1080	975
123	1180	1060
132	1330	1195
148	1480	1330
165	1610	1450
181	1680	1510
198	1790	1610
220	1870	1680
242	1900	1710
275	1940	1745
308	1960	1765
SHW	1980	1785

WOMEN'S DIVISIONS

WEIGHT CLASSES	PRO	MASTER
97	671	605
105	718	647
114	770	694
123	822	740
132	868	782
148	955	860
165	1030	928
181	1105	995
198	1168	1052
SHW	1250	1126

*Totals below those posted above are considered Amateur Classification totals.

**2011 IPA LEXEN XTREME
FALL CLASSIC
OFFICIAL ENTRY FORM**

